

| PLACE | NAME             | DIV     | SWIM  | T1   | BIKE  | T2    | RUN   | TIME    |
|-------|------------------|---------|-------|------|-------|-------|-------|---------|
| 1     | Dan Linde        | M 30-39 | 14:26 | 1:05 | 36:12 | 0:41  | 22:22 | 1:14:45 |
| 1     | Emily Cook       | F 30-39 | 16:48 | 1:18 | 36:00 | 0:46  | 22:39 | 1:17:30 |
| 1     | Abe Nowlan       | M 30-39 | 17:55 | 1:08 | 38:53 | 0:57  | 24:02 | 1:22:56 |
| 1     | Cole Smith       | M 14-19 | 23:29 | 3:17 | 38:14 | 23:19 | 0:5   | 1:28:24 |
| 1     | Amber Frankland  | F 14-19 | 17:15 | 1:44 | 42:47 | 1:03  | 27:08 | 1:29:59 |
| 1     | Victor Dozal     | M 20-29 | 15:05 | 2:37 | 44:11 | 0:35  | 27:42 | 1:30:09 |
| 1     | Beth Hollick     | F 40-49 | 23:29 | 2:30 | 42:40 | 1:42  | 24:48 | 1:35:09 |
| 1     | Molly Nowlan     | F 20-29 | 19:26 | 1:28 | 46:00 | 1:01  | 28:59 | 1:36:54 |
| 1     | Jim Buch         | M 50-59 | 21:10 | 1:59 | 44:46 | 2:31  | 29:37 | 1:40:02 |
| 1     | Naomi Hatfield   | F 50-59 |       |      |       |       | 46:27 | 1:46:27 |
| 1     | Gary Gamache     | M 70    | 22:41 | 3:41 | 47:34 | 0:51  | 32:42 | 1:47:29 |
| 1     | Barb Feters      | F 60-69 | 22:07 | 2:35 | 44:41 | 1:30  | 40:00 | 1:50:54 |
| 1     | Kayla Silver     | F 20-29 | 28:22 | 1:44 | 46:46 | 2:18  | 33:28 | 1:52:37 |
| 2     | John Hill        | M 30-39 | 16:54 | 1:00 | 36:45 | 0:48  | 27:20 | 1:22:46 |
| 2     | Jessica White    | F 30-39 | 18:15 | 1:32 | 42:04 | 0:42  | 25:41 | 1:28:14 |
| 2     | Isaac Parsons    | M 20-29 | 29:00 | 2:17 | 1:32  | 2:02  | 0:8   | 1:34:58 |
| 2     | Stacey Nelson    | F 40-49 | 22:58 | 1:12 | 41:35 | 1:13  | 31:16 | 1:38:14 |
| 2     | Dustin Wagner    | M 30-39 | 22:26 | 4:39 | 46:15 | 1:00  | 28:03 | 1:42:24 |
| 2     | Josh Logan       | M 14-19 | 23:22 | 2:22 | 49:43 | 0:33  | 29:50 | 1:45:50 |
| 2     | Christi Hampton  | F 50-59 | 24:36 | 2:06 | 49:44 | 1:35  | 35:42 | 1:53:44 |
| 3     | Jeff Long        | M 30-39 | 18:29 | 1:07 | 37:22 | 0:53  | 30:01 | 1:27:53 |
| 3     | Ryan Andrews     | F 30-39 | 20:35 | 1:33 | 44:56 | 0:51  | 28:28 | 1:36:23 |
| 3     | Tyler Soria      | M 20-29 | 22:23 | 2:33 | 45:17 | 1:15  | 27:30 | 1:38:57 |
| 3     | Kelly Hill       | F 40-49 | 21:34 | 1:42 | 43:37 | 1:09  | 31:41 | 1:39:42 |
| 4     | Jock White       | M 30-39 | 18:16 | 2:08 | 41:21 | 1:13  | 26:26 | 1:29:24 |
| 4     | Jennifer Powell  | F 30-39 | 22:43 | 2:54 | 43:06 | 1:29  | 29:31 | 1:39:43 |
| 4     | Cheri St Pierre  | F 40-49 | 22:49 | 1:30 | 45:39 | 2:02  | 36:11 | 1:48:12 |
| 5     | Matt Stephens    | M 30-39 | 20:29 | 1:57 | 43:05 | 1:41  | 28:03 | 1:35:14 |
| 5     | Sarah Feist      | F 30-39 | 27:36 | 2:04 | 46:28 | 0:54  | 28:36 | 1:45:37 |
| 5     | Heather Bogard   | F 40-49 | 35:07 | 2:51 | 46:05 | 1:34  | 28:41 | 1:54:17 |
| 6     | Michael Carter   | M 30-39 | 24:40 | 3:31 | 40:50 | 1:17  | 26:15 | 1:36:33 |
| 6     | Ann Thorson      | F 30-39 | 23:04 | 2:31 | 49:19 | 2:06  | 37:17 | 1:54:17 |
| 6     | S. Powers        | F 40-49 | 27:02 | 2:18 | 47:28 | 0:52  | 39:34 | 1:57:14 |
| 7     | Heather Linde    | F 30-39 | 27:27 | 3:04 | 45:12 | 1:18  | 37:22 | 1:54:22 |
| 8     | Kellee Walton    | F 30-39 | 30:18 | 3:44 | 48:09 | 1:32  | 34:47 | 1:58:30 |
| 9     | Melissa McCauley | F 30-39 | 23:16 | 3:09 | 55:11 | 1:56  | 47:50 | 2:11:21 |
| 0     | Cristian Raether | M 20-29 |       |      |       |       |       |         |
| 0     | Alexandra Cape   | F 20-29 |       |      |       |       |       |         |
| 0     | James Simpson    | M 60-69 |       |      |       |       |       |         |
| 0     | Victoria Kennedy | F 40-49 |       |      |       |       |       |         |