

## Buffalo Springs Lake Ironman 70.3 - 70.3 Individuals - results

OnlineRaceResults.com

NAME	DIV	DIV PL	SWIM	T1	BIKE15MI	BIKE35MI	BIKE	T2	RUN6.5MI	RUN	TIME
Raynard Shayne Tissink	MPRO	1/16	25:05	1:05	41:19	42:04	2:11:32	1:01	42:48	1:24:44	4:03:27
Michael Lovato	MPRO	2/16	25:44	1:11	41:41	42:43	2:13:13	0:57	42:34	1:23:17	4:04:22
Josiah Middaugh	MPRO	3/16	26:35	1:27	41:40	41:55	2:13:34	1:03	41:35	1:23:12	4:05:51
Joe McDaniel	MPRO	4/16	24:36	1:03	42:59	44:23	2:17:41	1:13	41:37	1:22:19	4:06:52
James Bowstead	MPRO	5/16	25:35	1:12	41:34	41:47	2:11:54	1:03	45:34	1:31:42	4:11:26
Andres Castillo	MPRO	6/16	24:28	1:05	43:56	44:49	2:21:19	1:04	44:06	1:25:19	4:13:15
Christopher Thomas	M35-39	1/92	25:19	1:13	43:18	44:04	2:18:16	1:05	44:04	1:27:50	4:13:43
Justin Henkel	M35-39	2/92	29:38	1:47	43:26	44:04	2:16:55	1:36	42:48	1:23:57	4:13:53
Gavin Anderson	MPRO	7/16	24:05	1:08	43:43	43:43	2:18:54	0:49	45:41	1:29:59	4:14:55
Brent Poulsen	MPRO	8/16	24:34	1:00	45:14	45:35	2:24:18	1:16	42:23	1:24:08	4:15:16
Chuck Sloan	M30-34	1/70	25:27	1:23	45:42	45:46	2:23:42	1:16	44:06	1:23:59	4:15:47
Matthew Russell	MPRO	9/16	31:32	1:08	43:16	45:16	2:20:12	1:03	41:41	1:22:00	4:15:55
Peter Clode	MPRO	10/16	25:25	1:11	43:18	43:23	2:19:01	0:59	46:13	1:30:38	4:17:14
Javier Rosas	M35-39	3/92	23:11	1:14	46:23	46:41	2:27:35	1:25	44:31	1:27:01	4:20:26
Patrick Schuster	M35-39	4/92	28:10	1:28	44:14	45:48	2:22:24	1:29	44:30	1:27:10	4:20:41
Sean Schnur	M30-34	2/70	30:00	1:22	44:58	47:23	2:25:59	1:36	43:04	1:23:35	4:22:32
Freddy Lampret	MPRO	11/16	26:41	1:26	45:41	46:00	2:25:15	1:13	44:54	1:28:45	4:23:20
Sebe Ziesler	M35-39	5/92	26:01	1:56	45:15	46:26	2:27:04	1:21	43:57	1:27:45	4:24:07
Brandon Marsh	MPRO	12/16	24:38	1:20	44:59	45:22	2:23:04	1:33	46:42	1:33:51	4:24:26
Drew Scott	M18-24	1/28	24:55	1:13	44:14	46:02	2:23:11	0:51	46:01	1:34:36	4:24:46
Team Icon One- Kevin B	COEDTM	1/5	29:51	0:51	45:35	46:49	2:28:01	0:38	42:47	1:25:38	4:24:59
James Chesson	M30-34	3/70	26:09	1:24	46:20	46:43	2:25:44	1:21	46:47	1:30:46	4:25:24
Kelly Williamson	MPRO	1/15	24:01	1:23	48:50	49:24	2:35:46	0:58	42:39	1:24:01	4:26:09
Joe Thorne	M25-29	1/59	26:48	1:29	55:33	47:14	2:38:32	1:14	40:38	1:19:27	4:27:30
Spencer Tweed	M18-24	2/28	29:06	1:37	45:37	46:56	2:26:12	1:08	45:34	1:29:28	4:27:31
Tim Hola	M35-39	6/92	23:08	1:20	47:02	48:37	2:31:27	1:17	45:58	1:30:37	4:27:49
Dennis Meeker	M40-44	1/78	24:42	1:45	44:49	46:28	2:23:55	1:28	48:34	1:36:18	4:28:08
Monty Frankish	MPRO	13/16	26:37	1:26	45:40	46:03	2:25:35	1:20	47:00	1:34:09	4:29:07
Wil Emery	M30-34	4/70	27:53	1:20	46:25	48:27	2:29:42	1:17	46:02	1:30:23	4:30:35
Dennis Melowski	M40-44	2/78	25:43	1:44	45:24	47:18	2:25:51	1:37	48:51	1:36:49	4:31:44
Brian Lejeune	M25-29	2/59	28:35	1:24	45:27	46:52	2:25:11	1:24	47:26	1:35:11	4:31:45
Jason McWilliam	M35-39	7/92	24:11	1:43	45:52	47:38	2:28:37	1:21	46:09	1:36:24	4:32:16
Austin Saylor	M35-39	8/92	28:35	1:17	45:24	46:33	2:25:29	1:06	48:29	1:36:02	4:32:29
Humberto Estrada	M40-44	3/78	26:30	1:36	45:38	46:59	2:28:45	1:29	49:26	1:35:02	4:33:22
Terry Nugent	M50-54	1/44	26:35	2:16	46:40	48:43	2:29:45	1:37	47:47	1:33:53	4:34:06
Jessica Meyers	WPRO	2/15	26:10	1:11	47:31	49:04	2:32:49	1:03	46:06	1:33:10	4:34:23
James Cotter	MPRO	14/16	24:05	1:02	44:18	45:02	2:24:02	1:11	47:00	1:44:51	4:35:11
Jason Shortis	MPRO	15/16	29:43	1:23	45:35	46:18	2:25:21	1:11	48:28	1:37:33	4:35:11
Robert Vernon III	M30-34	5/70	26:52	1:27	47:51	54:02	2:41:02	1:24	42:28	1:24:28	4:35:13
Margaret Shapiro	WPRO	3/15	25:04	1:12	50:56	48:31	2:36:08	0:53	46:23	1:32:04	4:35:21
Jessica Jacobs	WPRO	4/15	29:58	1:34	47:33	48:48	2:32:32	1:24	46:36	1:30:11	4:35:39
Jason Erickson	M30-34	6/70	23:52	2:31	46:56	47:12	2:27:48	1:37	48:16	1:40:11	4:35:59
Randy Arriola	M25-29	3/59	28:39	1:39	47:26	47:49	2:31:22	1:07	44:51	1:33:13	4:36:00
Josh Lee	M30-34	7/70	31:31	2:30	44:06	46:13	2:22:32	1:29	49:05	1:38:59	4:37:01
Carlos Mendoza	M45-49	1/49	28:36	1:54	47:55	48:42	2:33:17	1:31	46:09	1:31:51	4:37:09
Roger Wacker	M50-54	2/44	26:48	1:50			2:25:08	1:34	51:29	1:42:54	4:38:14
Amanda Lovato	WPRO	5/15	26:43	1:11	48:14	50:03	2:36:22	1:04	46:38	1:33:10	4:38:30
Santiago Morales Prado	M25-29	4/59	25:14	1:13	51:12	50:28	2:41:33	1:10	44:57	1:30:27	4:39:37
Dan Arlandson	M35-39	9/92	24:21	2:23	44:56	46:37	2:26:19	2:09	53:47	1:45:05	4:40:17
Whitney Garcia	WPRO	6/15	28:31	1:55	48:59	49:22	2:33:32	1:32	48:28	1:35:19	4:40:49
Adam Duey	M35-39	10/92	24:07	1:42	46:13	48:08	2:28:51	1:30	54:03	1:44:51	4:41:01
Thomas Lopez	M25-29	5/59	25:33	1:31	44:24	46:46	2:24:43	1:36	51:49	1:48:19	4:41:42
Brett Sublett	M45-49	2/49	26:34	1:29	48:10	49:36	2:35:51	1:30	47:44	1:37:00	4:42:24
William Ritter	M25-29	6/59	29:12	1:05	47:18	48:41	2:33:31	1:08	47:18	1:38:15	4:43:11
Scott Jones	M45-49	3/49	25:08	1:39	47:32	48:48	2:33:16	1:39	51:05	1:42:07	4:43:49
Brian Bradley	M25-29	7/59	28:58	1:36	45:25	48:11	2:28:30	1:10	51:37	1:43:39	4:43:53
Rick Rischman	M45-49	4/49	29:20	2:32	48:11	49:34	2:36:06	1:36	47:49	1:35:17	4:44:51
Heather Leiggi	WPRO	7/15	28:23	1:15	49:31	48:56	2:34:34	1:13	50:07	1:40:22	4:45:47
Trent Stephens	M35-39	11/92	25:21	2:10	47:40	49:14	2:35:10	1:41	51:33	1:41:42	4:46:04
Rodrigo Tom	M30-34	8/70	25:15	2:37	49:54	48:48	2:35:04	1:06	49:16	1:43:16	4:47:18
Ryan McGuigan	M35-39	12/92	28:41	1:30	49:20	49:17	2:36:46	1:42	50:28	1:38:48	4:47:27
Dan Frost	M40-44	4/78	25:48	1:29	46:38	46:59	2:28:55	1:31	55:41	1:50:10	4:47:53
Andrew Templeton	M18-24	3/28	28:00	1:32	48:18	48:33	2:33:50	2:46	49:25	1:42:06	4:48:14
Nathan Berg	M30-34	9/70	29:46	2:39	47:07	48:00	2:30:41	1:52	52:03	1:43:38	4:48:36
Anthony Hirschman	M30-34	10/70	29:50	1:40	46:38	48:52	2:33:34	1:12	51:53	1:43:06	4:49:22
Chris Rulon	M40-44	5/78	30:09	1:47	48:13	49:25	2:34:56	2:00	50:09	1:40:32	4:49:24
Sebastian Haynes	M18-24	4/28	24:39	1:16	50:24	52:20	2:44:10	1:09	48:27	1:38:27	4:49:41
Todd Hamilton	M40-44	6/78	30:06	2:19	48:30	49:46	2:39:41	1:30	48:38	1:36:36	4:50:12
Christine Anderson	W25-29	1/21	25:24	1:04	51:09	50:48	2:42:42	1:12	51:13	1:40:20	4:50:42
Andrew Hodges	MPRO	16/16	26:29	1:20	46:04	1:12:56	2:54:23	1:13	43:47	1:27:37	4:51:02
Lesley Smith	WPRO	8/15	28:45	1:47	51:12	53:03	2:46:04	1:12	48:09	1:34:00	4:51:48
Dustin Skogman	M-TEAM	1/5	19:10	1:50	50:03	51:37	2:42:46	1:47		1:46:29	4:52:02
John Grice	M50-54	3/44	30:01	1:37	49:16	51:10	2:38:47	1:40	51:04	1:40:16	4:52:21
Jackie Arendt	WPRO	9/15	25:14	1:27	52:29	52:36	2:47:21	1:13	50:23	1:37:20	4:52:35
Larry Black	M50-54	4/44	24:19	1:51	49:20	50:50	2:39:10	2:03	54:05	1:45:19	4:52:42
Joshua Siewert	M30-34	11/70	30:20	2:36	48:39	50:39	2:40:23	1:27	50:28	1:37:58	4:52:44
Donna Phelan	WPRO	10/15	25:59	1:13	51:35	52:00	2:43:20	1:16	52:03	1:42:02	4:53:50
German Silva Martinez	M40-44	7/78	32:21	2:33	53:39	52:49	2:49:34	1:28	44:17	1:27:57	4:53:53
Jason Falzon	M25-29	8/59	26:36	1:46	49:40	50:19	2:37:41	1:26	51:54	1:46:31	4:54:00
Steven Mudgett	M50-54	5/44	26:14	3:07			2:38:53	4:23		1:41:37	4:54:14
Susana Festner Dos San	WPRO	11/15	30:11								4:55:09
Eric Anderson	M25-29	9/59	27:49	1:53	51:08	51:48	2:44:09	1:41	49:45	1:39:38	4:55:10
Pablo Testa	M40-44	8/78	27:04	2:16	51:09	51:43	2:42:15	1:18	52:41	1:42:56	4:55:49
Sean Stevens	M35-39	13/92	26:53	1:34	52:30	51:51	2:45:07	2:46	51:11	1:39:52	4:56:12
Norman Bradsher	M35-39	14/92	32:41	2:48	48:29	48:34	2:32:56	2:24	52:43	1:46:31	4:56:20
Jerred Hurst	M30-34	12/70	26:37	1:51	49:08	50:45	2:40:04	1:42	55:17	1:46:09	4:56:23
Manuel Lozano	M30-34	13/70	26:13	1:36	46:20	46:50	2:29:08	1:32	1:00:15	1:58:06	4:56:35
Shannon Donley	W40-44	1/40	29:24	1:25	47:21	48:56	2:33:26	1:10	54:47	1:51:20	4:56:45
Kelly Brown	M40-44	9/78	29:38	1:58	45:30	48:21	2:29:39	1:13	56:57	1:54:35	4:57:03
Peter Stickney	M30-34	14/70	29:19	2:44	49:07	50:35	2:39:45	2:09	51:56	1:43:13	4:57:10
Madeleine Oldfield	WPRO	12/15	26:38	1:11	50:10	50:54	2:40:41	0:52	54:38	1:48:44	4:58:06
Arthur Sosa Jr.	M40-44	10/78	31:13	2:49	49:01	49:50	2:38:20	1:32	54:33	1:44:14	4:58:08
Tim Terwey	M50-54	6/44	29:03	1:36	45:50	48:00	2:31:18	1:41	55:05	1:54:33	4:58:11
Fabiola Corona	M30-34	1/28	27:20	1:35	52:18	53:17	2:47:45	1:01	51:14	1:40:30	4:58:11
David Lampert	M30-34	15/70	27:34	2:26	47:31	48:55	2:33:02	2:04	55:15	1:53:10	4:58:16
Erik Hemstad	M25-29	10/59	31:56	1:42	46:21	48:02	2:31:53	1:13	54:37	1:51:46	4:58:30
Paul Queneau	M35-39	15/92	28:58	1:46	48:59	49:15	2:37:14	2:35	54:31	1:47:59	4:58:32
Vanessa Berg	M30-34	2/28	31:17	1:27	51:16	52:22					

## Buffalo Springs Lake Ironman 70.3 - 70.3 Individuals - results

OnlineRaceResults.com

NAME	DIV	DIV PL	SWIM	T1	BIKE15MI	BIKE35MI	BIKE	T2	RUN6.5MI	RUN	TIME
Lisa Ribes	WPRO	13/15	31:54	1:33	49:52	50:23	2:39:32	1:05	53:26	1:45:04	4:59:08
Andrew Thompson	M25-29	11/59	32:53	1:32	50:50	51:10	2:41:00	1:33	50:49	1:42:56	4:59:54
Mina Pond	W40-44	2/40	28:16	1:44	50:26	51:50	2:42:16	1:45	52:44	1:46:04	5:00:05
John Brandstatter	M35-39	17/92	26:21	2:42	46:54	48:59	2:34:48	2:04	57:52	1:55:20	5:01:15
Adrian Barron	M35-39	18/92	30:37	1:23	50:22	51:59	2:41:56	1:26	53:09	1:46:14	5:01:36
Christina Jackson	W30-34	3/28	24:46	1:59	49:52	50:59	2:43:41	1:53	55:54	1:49:36	5:01:55
Jon English	M30-34	17/70	29:12	1:55	53:04	52:32	2:46:33	2:01	51:14	1:42:15	5:01:56
Dilon Hollinger	M18-24	5/28	31:42	2:26	49:26	51:15	2:40:49	1:54	52:07	1:45:29	5:02:20
Manuel Sanchez	M45-49	5/49	27:41	1:55	51:03	51:00	2:43:09	1:28	52:20	1:48:31	5:02:44
Amy McGrath	W40-44	3/40	29:58	1:28	52:16	54:08	2:49:43	1:25	51:55	1:40:12	5:02:46
James Stromberg	M40-44	11/78	29:36	2:43	48:20	49:09	2:36:32	2:23	55:50	1:52:00	5:03:14
Diego Coreedor	M30-34	18/70	29:16	1:10	53:16	53:59	2:51:44	1:07	51:03	1:40:21	5:03:38
Kara Middendorf	W30-34	4/28	34:23	1:24	50:31	52:06	2:43:22	1:10	52:08	1:43:30	5:03:49
Matias Negatu	M40-44	12/78	29:49	2:16	53:31	54:19	2:51:34	3:18	49:30	1:37:10	5:04:07
Justin Drummond	M40-44	13/78	33:25	2:00	51:53	51:46	2:45:22	1:48	51:01	1:41:47	5:04:22
Ryan Hughes	M25-29	12/59	31:34	1:44	50:07	51:31	2:42:35	1:38	52:32	1:47:42	5:05:13
Rebecca Carpenter	W35-39	1/25	25:46	2:17	51:50	52:17	2:45:35	2:25	54:03	1:49:31	5:05:34
Alberto Calderon Moren	M25-29	13/59	31:13	3:15	50:41	52:28	2:44:44	2:40	50:43	1:43:57	5:05:49
Brandon Robertson	M30-34	19/70	29:07	2:03	48:44	51:25	2:39:20	1:32	55:55	1:54:03	5:06:05
Scott Hammond	M55-59	1/17	30:40	1:59	51:24	51:50	2:44:36	2:18	53:10	1:47:00	5:06:33
Joseph Gregan	M35-39	19/92	31:28	1:52	54:47	54:43	2:53:08	1:54	49:18	1:38:17	5:06:39
Bryce Fluker	M25-29	14/59	31:45	1:14	50:40	52:14	2:46:27	1:50	55:10	1:45:41	5:06:57
Michael Mottola	M25-29	15/59	27:14	2:18	51:40	50:35	2:41:34	1:36	57:52	1:54:22	5:07:04
John Hollinger	M45-49	6/49	27:00	2:24	48:50	50:47	2:40:29	2:47	57:34	1:54:49	5:07:29
Larry Davidson	M55-59	2/17	30:49	1:48	51:31	52:50	2:47:14	1:36	53:43	1:46:16	5:07:43
Ashley Johnson	W30-34	5/28	31:57	2:12	49:03	50:17	2:48:01	1:53	52:05	1:43:51	5:07:54
Scott Bell	M35-39	20/92	24:09	2:09	51:23	53:25	2:46:59	1:26	57:32	1:53:19	5:08:02
Amanda Durner	W35-39	2/25	24:55	2:01	54:01	56:37	2:56:45	1:38	51:35	1:42:52	5:08:11
Jeffrey Guttman	M30-34	20/70	25:00	1:48	49:56	51:46	2:47:59	1:25	56:09	1:52:19	5:08:31
David Millwee	M40-44	14/78	29:17	1:30	48:07	48:48	2:37:28	1:33	56:42	1:59:20	5:09:08
Shelley Nelson	W30-34	6/28	33:05	1:32	50:16	52:10	2:45:02	1:19	54:11	1:48:11	5:09:09
Reese Williams	M25-29	16/59	27:47	2:08	53:00	53:49	2:47:44	1:20	56:20	1:50:21	5:09:20
Benito Flores	M30-34	21/70	29:56	2:05	48:56	51:13	2:43:00	2:08	55:02	1:52:14	5:09:23
Blake Jaggars	M25-29	17/59	32:44	1:55	50:41	51:35	2:41:40	1:48	56:02	1:51:21	5:09:28
Kevin Welsh	M40-44	15/78	31:15	1:42	50:10	50:58	2:40:43	1:21	55:15	1:54:52	5:09:53
Stephanie Ossenbrink	W30-34	7/28	27:27	1:52	51:31	53:05	2:47:21	1:51	55:55	1:51:29	5:10:00
Michael Kelly	M35-39	21/92	31:26	1:54	53:33	52:44	2:48:36	1:43	54:00	1:46:44	5:10:24
Clay Rahn	M35-39	22/92	25:09	1:22	51:19	50:10	2:37:52	1:24	1:00:17	2:04:55	5:10:42
Elmar Fladischer	M30-34	22/70	36:39	1:52	50:50	52:41	2:44:20	1:12	53:41	1:46:49	5:10:52
Jeff Bennett	M40-44	16/78	33:17	2:03	48:32	50:54	2:41:38	2:14	52:38	1:51:41	5:10:53
Erica McClurg	W40-44	4/40	26:57	1:49	53:22	55:33	2:52:44	1:40	53:40	1:47:52	5:11:02
Roberto Florencia	M40-44	17/78	29:33	1:42	55:29	55:23	2:54:51	1:59	53:05	1:43:36	5:11:41
Michael Buonaugurio	M55-59	3/17	27:50	1:26	45:51	48:47	2:32:31	2:03	1:00:50	2:08:31	5:12:21
Sydney Cornell	W40-44	5/40	28:19	1:48	51:06	52:54	2:47:50	1:49	56:47	1:53:20	5:13:06
Chris Haycraft	M50-54	7/44	27:35	1:46	51:41	52:16	2:46:00	2:16	58:30	1:55:33	5:13:10
Apryl Mortenson	W25-29	2/21	28:44	2:16	54:08	54:16	2:52:31	1:11	54:40	1:49:01	5:13:43
Peggy Burns	W35-39	3/25	25:06	1:37	51:04	51:35	2:46:39	1:43	59:49	1:58:41	5:13:46
David Preston	M18-24	6/28	27:10	1:45	47:12	48:54	2:37:35	1:21	1:06:48	2:06:26	5:14:17
Adam Fitzhenry	M25-29	18/59	29:49	1:15	49:31	49:28	2:37:10	1:29	52:52	2:04:39	5:14:22
Nathan Poland	M30-34	23/70	28:43	1:53	48:12	49:26	2:34:51	1:03	52:26	2:08:04	5:14:34
Mark Goldstein	M40-44	18/78	36:24	1:28	50:17	54:13	2:48:21	1:32	55:07	1:47:00	5:14:45
Mike Karbowski	M45-49	7/49	34:02	3:31	51:39	52:29	2:45:44	2:09	55:48	1:49:21	5:14:47
Michael Minardi	M45-49	8/49	39:20	2:22	49:32	48:55	2:35:26	1:46	59:29	1:56:03	5:14:57
Jair Garduno Montalvo	M30-34	24/70	29:49	1:59	52:51	55:01	2:51:21	1:44	55:57	1:50:11	5:15:04
Charles Mencio	M25-29	19/59	29:02	1:18	49:12	48:24	2:37:36	1:45	1:06:50	2:05:27	5:15:08
Casey Richter	W25-29	3/21	29:28	2:06	52:23	52:54	2:49:24	1:30	57:07	1:52:43	5:15:11
Erin Siewert	W25-29	4/21	31:00	2:18	51:59	51:47	2:46:01	1:26	56:53	1:54:49	5:15:34
Michael Clark	M35-39	23/92	27:02	1:47	51:08	53:01	2:49:26	1:32	57:09	1:55:52	5:15:39
Ashley MESSOLINE	WPRO	14/15	34:02	1:37	49:58	52:10	2:45:02	1:20	56:05	1:53:41	5:15:42
Jay Marshall	M50-54	8/44	28:39	2:15	50:29	50:17	2:42:43	3:05	1:02:23	2:00:12	5:16:54
Juan Jose Ortiz	M40-44	19/78	31:04	3:18	56:28	57:13	3:01:40	3:26	49:24	1:37:34	5:17:02
Jeffrey Fox	M45-49	9/49	33:50	1:58	52:25	53:31	2:48:28	1:46	56:38	1:51:42	5:17:44
Laurent Cali	M50-54	9/44	29:09	2:25	50:36	50:40	2:43:02	2:21	1:02:44	2:00:49	5:17:46
Melanie Sherman	W25-29	5/21	28:33	1:23	54:45	55:32	2:54:38	1:02	57:07	1:52:31	5:18:07
Damon Chase	M30-34	25/70	33:15	1:43	50:21	53:00	2:47:03	1:29	58:35	1:54:42	5:18:12
Claudia Spooner	W40-44	6/40	32:16	1:47	54:10	54:57	2:53:59	1:52	53:43	1:48:27	5:18:21
Kathleen Allen	W40-44	7/40	28:08	1:55	53:18	54:45	2:54:18	1:14	56:44	1:53:00	5:18:35
Luke Wilson	M35-39	24/92	29:35	1:36	49:03	50:22	2:41:04	1:49	1:02:57	2:04:33	5:18:37
Steve Smith	M60-64	1/19	28:14	3:01	50:24	53:14	2:46:13	3:16	56:50	1:57:59	5:18:43
Johnny Davis	M55-59	4/17	26:49	3:14	52:00	53:32	2:50:16	2:36	58:32	1:55:54	5:18:49
Greg Colvin	M45-49	10/49	38:30	2:27	46:26	47:48	2:31:28	2:17	1:03:30	2:04:29	5:19:11
Jose Castillo	M45-49	11/49	32:59	2:06	52:11	54:19	2:52:50	1:27	52:48	1:50:38	5:20:00
Brock Peoples	M35-39	25/92	36:32	2:20	55:01	54:14	2:51:58	2:26	50:43	1:47:02	5:20:18
Christine Kenney	W30-34	8/28	35:35	1:48	55:48	57:47	3:00:00	1:28	54:12	1:41:56	5:20:47
Daniele Rosman	W30-34	9/28	32:02	1:36	51:54	53:54	2:50:38	1:38	54:56	1:54:54	5:20:48
Jordan Blanco	W40-44	8/40	34:14	1:59	52:28	52:28	2:45:11	2:24	1:00:34	1:57:20	5:21:08
Alison Miller	W30-34	10/28	33:44	1:50	57:17	59:35	3:04:06	1:14	51:31	1:40:22	5:21:16
Gary Gates, Jr.	M50-54	10/44	31:22	1:44	53:23	53:57	2:49:19	1:37	58:53	1:57:28	5:21:30
Sue Meno	W40-44	9/40	32:51	1:48	54:48	56:46	2:58:54	1:28	55:17	1:46:29	5:21:30
Clinton Trauter	M25-29	20/59	37:00	2:24	49:57	51:07	2:42:24	1:49	59:56	1:58:36	5:22:13
Chris Toelle	M35-39	26/92	31:50	2:22	50:25	52:50	2:48:04	2:03	59:19	1:58:18	5:22:37
Tim Obrien	M55-59	5/17	30:14	2:23	53:47	55:46	2:53:47	2:04	56:54	1:54:13	5:22:41
Ryan Kanto	M25-29	21/59	27:25	1:25	52:58	53:03	2:53:45	1:54	1:01:23	1:58:18	5:22:47
Russell Hamilton	M50-54	11/44	31:13	2:59	53:53	57:34	2:59:56	2:41	52:56	1:46:40	5:23:29
Brandy Bounds	W30-34	11/28	26:45	1:28	52:50	54:17	2:53:25	1:16	59:51	2:00:36	5:23:30
Carolyn Hubbard	W40-44	10/40	29:17	2:15	54:24	55:20	2:55:46	2:11	57:03	1:54:20	5:23:49
Mark Walls	M35-39	27/92	26:27	3:18	51:11	50:59	2:44:03	2:44	1:00:34	2:07:34	5:24:06
Thomas Smith	M45-49	12/49	33:16	2:53	51:19	54:01	2:47:50	2:47	56:20	1:57:24	5:24:10
Tim Niedecken	M35-39	28/92	37:28	2:02	54:29	53:14	2:50:52	2:04	56:44	1:52:00	5:24:26
Estevam Strecker	M30-34	26/70	35:40	2:16	55:09	55:47	2:57:23	1:58	53:27	1:47:14	5:24:31
Brodie Hall	M25-29	22/59	35:21	3:41	54:15	55:51	2:55:38	2:20	52:37	1:47:32	5:24:32
Jennifer Hanley-Pinto	W30-34	12/28	31:42	1:53	51:01	52:03	2:44:22	1:23	1:00:57	2:05:13	5:24:33
Esteban De La Garza	M35-39	29/92	30:43	2:25	51:20	52:19	2:43:54	2:00	1:00:35	2:06:07	5:25:09
Mike Wien	M60-64	2/19	30:58	3:18	54:15	56:25	2:58:57	3:11	55:28	1:48:55	5:25:19
Tetsuo Haruna	M35-39	30/92	32:27	1:39	54:20	54:06	2:52:57	2:55	56:27	1:55:27	5:25:25
Madian Ramirez	W18-24	1/6	27:10	1:32	56						

## Buffalo Springs Lake Ironman 70.3 - 70.3 Individuals - results

OnlineRaceResults.com

NAME	DIV	DIV PL	SWIM	T1	BIKE15MI	BIKE35MI	BIKE	T2	RUN6.5MI	RUN	TIME
Juan Patino	M35-39	32/92	36:06	1:52	50:51	53:34	2:46:35	1:59	1:00:40	2:02:17	5:28:49
Benjamin Ewers Jr	M65-69	1/7	33:41	1:58	51:33	53:03	2:46:38	1:53	1:02:15	2:04:45	5:28:55
Drew Ratner	M25-29	23/59	35:12	3:05	51:57	55:03	2:54:42	2:54	54:18	1:53:08	5:29:01
Anne Stevenson	W50-54	1/26	30:10	1:43	51:06	52:47	2:48:01	2:48	1:03:00	2:06:43	5:29:25
Joel Holst	M40-44	21/78	34:52	2:58	52:05	55:36	2:50:19	3:53	57:34	1:57:25	5:29:27
Mark Haas	M50-54	13/44	34:34	2:24	53:32	54:56	2:53:44	3:17	56:27	1:55:36	5:29:35
Sarah Crewe	W50-54	2/26	30:13	3:04	54:38	56:21	2:58:03	2:30	59:05	1:56:00	5:29:50
Lionel McBee	M35-39	33/92	33:19	2:32	56:25	57:10	3:01:07	2:38	55:07	1:50:31	5:30:07
Ben Landon	M18-24	8/28	28:57	2:50	57:47	57:27	3:04:56	2:21	56:30	1:51:08	5:30:12
Marty Timmons	M30-34	27/70	32:15	1:38	50:00	50:58	2:41:38	1:39	1:12:55	2:13:15	5:30:25
Matthew Smith	M30-34	28/70	29:05	1:48	52:03	54:24	2:52:21	2:05	1:00:57	2:05:16	5:30:35
Martin Fulk	M50-54	14/44	37:26	2:06	52:53	56:56	2:58:37	3:32	52:48	1:48:57	5:30:38
Erika Vanpoorten	W35-39	4/25	31:48	2:03	56:00	56:47	2:59:59	2:08	58:47	1:54:58	5:30:56
Margaret Vernon	W30-34	13/28	29:01	1:31	57:26	58:45	3:04:14	2:00	59:11	1:54:13	5:30:59
Jason Atkinson	M30-34	29/70	34:40	2:27	52:24	52:54	2:47:52	1:12	53:10	2:04:53	5:31:04
Della Irby	W45-49	1/21	41:54	1:43	53:09	57:03	2:55:21	2:13	55:34	1:50:24	5:31:35
Karen Walls	W40-44	11/40	29:34	2:57	53:52	55:21	2:55:22	2:00	1:01:04	2:01:44	5:31:37
Eric Napple	M25-29	24/59	31:19	2:33	54:19	53:09	2:50:09	1:34	57:32	2:06:23	5:31:58
Derrick Deyhimi	M45-49	14/49	30:33	1:43	57:51	58:31	3:03:15	2:37	57:53	1:53:56	5:32:04
Z. Kerns, Lucas, A.Mor	M-TEAM	2/5	30:52	1:32	56:29	59:19	3:08:37	1:00	51:05	1:50:08	5:32:09
Kelly Thompson	M45-49	15/49	32:19	4:44	49:56	50:26	2:43:25	4:26	1:04:27	2:07:17	5:32:11
Kirsten Kincaide	W45-49	2/21	31:05	2:44	53:37	56:23	2:57:16	2:05	58:25	1:59:01	5:32:11
Mike Boone	M40-44	22/78	36:56	2:07	52:20	54:31	2:53:55	2:09	1:00:38	1:57:57	5:33:04
Cherie Epstein	W40-44	12/40	38:32	3:29	53:32	56:51	2:57:05	3:02	55:42	1:51:19	5:33:27
Cindy Present	W45-49	3/21	34:40	1:43	54:28	58:46	3:01:51	1:45	57:59	1:53:40	5:33:39
Neil Rome	M30-34	30/70	36:30	2:29	51:48	54:14	2:51:27	2:12	1:03:47	2:01:48	5:34:26
Mallory Rodgers	W25-29	6/21	35:24	1:24	55:01	58:36	3:02:33	1:51	55:52	1:53:20	5:34:32
Angela Schnuerch	W45-49	4/21	34:50	1:42	52:45	55:08	2:53:09	1:54	1:01:59	2:02:58	5:34:33
Frank Kaiser	M45-49	16/49	31:54	2:27	54:43	53:42	2:49:58	2:06	1:04:03	2:08:13	5:34:38
Justin Eggemeyer	M35-39	34/92	35:06	3:59	53:28	55:33	2:56:15	2:28	59:08	1:56:52	5:34:40
Douglas Mulvaney	M30-34	31/70	37:02	2:17	47:27	51:14	2:42:05	3:39	1:06:07	2:09:38	5:34:41
Landra Fowler	W40-44	13/40	34:45	1:27	54:49	57:20	3:00:57	1:14	57:37	1:56:24	5:34:47
Keith West	M40-44	23/78	32:17	2:27	54:24	58:13	2:59:54	2:26	58:52	1:57:47	5:34:51
Mike Cleveland	M30-34	32/70	30:03	1:36	52:52	54:30	2:55:37	2:07	1:04:37	2:05:48	5:35:11
James Dubois	M30-34	33/70	32:45	1:56	52:24	56:48	2:55:54	8:24	56:22	1:56:12	5:35:11
Teri Albertazzi	WPRO	15/15	30:23	2:13	54:42	54:06	2:56:36	2:13	1:02:08	2:04:06	5:35:31
Elizabeth Korkin	W35-39	5/25	33:12	2:09	55:07	58:08	3:00:49	2:59	1:00:08	1:56:49	5:35:58
Shawn Smith	M45-49	17/49	31:27	2:27	54:43	55:23	2:58:01	1:20	58:03	2:02:53	5:36:08
Michael Babb	M40-44	24/78	34:34	2:32	52:54	54:29	2:51:09	2:49	1:00:36	2:05:39	5:36:43
Eddie Fisher	W50-54	3/26	26:46	1:46	53:08	54:22	2:55:09	2:11	1:06:12	2:10:51	5:36:43
Tammy Daniele	W35-39	6/25	33:00	2:17	55:19	56:21	2:56:59	1:46	59:59	2:03:00	5:37:02
Derick Williamson	M30-34	34/70	27:44	1:42	47:26	48:32	2:36:32	1:22	49:53	2:29:45	5:37:05
Richard Herrin	M40-44	25/78	45:47	2:51	50:17	52:57	2:44:48	3:04	1:00:38	2:00:56	5:37:26
Heath Pennell	M40-44	26/78	42:03	2:53	53:27	56:49	2:57:01	2:16	57:11	1:54:11	5:38:24
Matt Meredith	M25-29	25/59	41:25	3:03	54:15	56:37	2:56:49	3:54	56:04	1:53:31	5:38:42
Audra Kammerer	W40-44	14/40	30:10	1:44	54:34	55:48	2:55:33	1:46	1:02:38	2:09:31	5:38:44
Mark Miller	M50-54	15/44	33:59	2:40	53:15	57:01	2:57:36	2:44	1:00:26	2:01:48	5:38:47
Harold Wilson	M30-34	35/70	28:39	2:10	49:57	51:06	2:41:31	2:37	1:00:18	2:23:57	5:38:54
Michelle Garel	W30-34	14/28	32:19	1:54	54:45	57:31	3:01:08	1:42	57:50	2:01:51	5:38:54
Mimi Ford	W50-54	4/26	29:24	2:05	53:42	56:56	2:58:32	2:14	1:04:13	2:06:49	5:39:04
Stuart Muirhead	M45-49	18/49	27:15	1:26	53:04	55:56	2:54:36	1:46	1:10:45	2:14:05	5:39:08
Jessica Tranchina	W30-34	15/28	34:18	2:35	57:34	58:57	3:06:24	1:38	57:39	1:54:29	5:39:24
Brian Martinelli	CLYD40	1/12	33:54	3:17	49:07	52:36	2:44:42	3:13	1:03:49	2:14:25	5:39:31
Hector Torres	M40-44	27/78	33:36	3:22	54:40	56:32	2:59:20	4:30	59:11	1:59:20	5:40:08
Mike Bowers	M50-54	16/44	35:50	1:38	57:10	57:32	3:03:59	2:35	57:00	1:56:09	5:40:11
Ivan Gomez	M40-44	28/78	41:54	2:43	53:24	55:46	2:56:55	3:48	58:12	1:55:06	5:40:26
Arturo Williams	M45-49	19/49	31:14	2:46	55:46	59:43	3:08:11	3:18	57:19	1:55:18	5:40:47
Victor Brazon	M35-39	35/92	36:23	2:04	52:53	52:48	2:50:32	2:44	1:05:09	2:09:19	5:41:02
Dave Shaw	M45-49	20/49	37:48	2:32	53:38	58:06	3:00:03	3:20	1:02:28	1:57:31	5:41:14
Marcus Dudoit	M30-34	36/70	37:29	3:29	54:01	56:04	2:58:27	1:52	1:00:57	2:00:01	5:41:18
Tiffany Berryman	W25-29	7/21	31:14	2:25	52:45	55:33	2:54:07	2:40	1:06:13	2:10:59	5:41:25
Merilee Sander	W50-54	5/26	30:57	2:02	55:21	57:44	3:04:12	2:02	1:00:33	2:02:44	5:41:57
Robert Arruda	M45-49	21/49	33:21	2:25	55:52	57:27	3:00:00	2:45	59:46	2:03:49	5:42:20
Erin Harvego	W40-44	15/40	36:07	2:04	55:01	59:22	3:02:34	2:41	1:00:38	1:59:38	5:43:04
Paul Stepler	M45-49	22/49	38:11	2:27	54:31	54:56	2:55:02	3:22	1:05:22	2:04:15	5:43:17
Kenneth Betts	M40-44	29/78	34:36	2:34	52:07	54:41	2:50:42	3:10	1:00:23	2:12:22	5:43:24
Scott Burris	M40-44	30/78	37:15	3:15	55:37	57:57	3:01:39	2:03	58:30	1:59:15	5:43:27
Walter Arnold	M55-59	6/17	28:52	1:55	50:30	57:38	3:02:02	2:31	1:04:20	2:08:17	5:43:37
Benjamin Proko	M30-34	37/70	31:59	2:29	52:29	52:32	2:47:01	2:16	1:02:21	2:20:04	5:43:49
Carlos Torres	M35-39	36/92	33:11	2:12	52:31	53:04	2:51:46	1:56	1:00:13	2:14:48	5:43:53
Oscar Moran	M35-39	37/92	35:11	2:34	53:34	52:32	2:50:27	2:59	1:05:42	2:13:04	5:44:15
Keith Timmins	M55-59	7/17	42:21	5:17	54:26	58:30	3:01:15	2:40	55:57	1:53:07	5:44:40
Hunter Sinclair	M30-34	38/70	31:20	2:57	57:13	56:19	2:59:57	2:57	1:03:28	2:07:41	5:44:52
Andre Kajlich	HC	1/5	40:07	2:49	1:05:27	1:09:55	3:38:15	2:45	43:15	1:21:08	5:45:04
Joan Stepler	W45-49	5/21	43:20	1:57	52:34	56:57	2:57:03	2:03	1:00:27	2:00:50	5:45:13
David Barnes	M40-44	31/78	36:58	1:52	54:02	57:59	3:00:59	3:31	59:42	2:02:01	5:45:21
Aaron Sanchez Garcia	M40-44	32/78	39:19	2:25	54:24	58:16	3:02:21	1:57	58:27	2:00:13	5:46:15
Kenneth Barnes	M40-44	33/78	37:57	4:26	54:26	55:37	2:58:38	3:32	1:01:13	2:01:49	5:46:22
Wyman Roberts	M50-54	17/44	35:48	2:15	55:43	55:48	2:58:45	3:23	1:02:16	2:06:28	5:46:39
Eric Moon	M35-39	38/92	34:18	3:03	55:43	57:53	3:03:09	2:11	1:01:15	2:04:11	5:46:52
Craig Land	M30-34	39/70	32:15	2:30	56:52	58:01	3:03:50	1:45	1:03:24	2:07:03	5:47:23
Gretchen McElroy	W45-49	6/21	33:32	2:14	54:13	57:06	2:59:28	2:24	1:05:08	2:09:57	5:47:35
Kyle Wackenheim	M30-34	40/70	35:34	2:37	55:34	57:13	3:00:52	3:19	58:22	2:05:13	5:47:35
Jennifer Ward	W40-44	16/40	39:25	1:57	55:26	56:33	2:59:14	2:46	1:00:24	2:04:22	5:47:44
Danny Williams	M40-44	34/78	40:31	3:51	56:19	56:29	2:57:30	1:35	1:00:52	2:05:08	5:48:35
Kori Mannon	W40-44	17/40	36:41	3:04	58:24	1:01:01	3:11:35	1:42	58:46	1:55:38	5:48:40
J.Mitchell T.Olivas	COEDTM	2/5	39:20	2:13	56:55	59:32	3:11:19	1:16	56:59	1:55:13	5:49:21
Jodie Taylor	W40-44	18/40	34:23	2:16	51:06	52:14	2:45:33	2:12	1:17:10	2:25:34	5:49:58
Geoffrey Kennedy	HC	2/5	36:56	3:20	1:00:54	1:09:13	3:34:22	3:21	56:23	1:32:27	5:50:26
Jeff Hancock	M30-34	41/70	34:11	1:59	55:02	57:25	3:02:00	2:11	1:03:52	2:10:08	5:50:29
Jason Schraub	CLYD40	2/12	39:20	2:24	53:13	54:17	2:50:57	2:03	1:04:38	2:15:57	5:50:41
Thomas Faulkner	M50-54	18/44	33:36	2:59	58:44	1:02:52	3:13:24	3:48	57:29	1:57:01	5:50:48
Joseph Rizon	M35-39	39/92	34:58	3:27	58:15	56:40	3:01:28	2:26	1:03:49	2:08:41	5:51:00
Carl Clark	M45-49	23/49	49:23	4:42	54:14	55:12	2:54:48	3:45	57:04	1:58:25	5:51:03
Michael Dwyer	M60-64	3/19	29:59	2:15	55:52	57:52	3:04:34	2:48	1:02:19	2	

## Buffalo Springs Lake Ironman 70.3 - 70.3 Individuals - results

OnlineRaceResults.com

NAME	DIV	DIV PL	SWIM	T1	BIKE15MI	BIKE35MI	BIKE	T2	RUN6.5MI	RUN	TIME
Ben Levario	M40-44	36/78	32:54	3:44	55:37	57:55	3:01:09	2:47	1:01:09	2:11:34	5:52:08
David Tiemann	M35-39	42/92	36:03	3:42	55:07	58:32	3:02:47	2:38	1:02:21	2:07:03	5:52:13
Tammy Lamb	W40-44	20/40	35:54	3:07	53:10	55:31	2:57:19	4:43	1:04:33	2:11:12	5:52:15
Brian Cain	M30-34	42/70	37:04	2:08	53:47	56:26	2:54:45	3:06	1:07:27	2:15:13	5:52:16
Rich Chillingworth	M60-64	4/19	40:56	3:29	56:55	1:00:00	3:08:33	2:46	56:02	1:57:06	5:52:50
Arthur Forral	M50-54	19/44	36:31	4:09	51:54	51:56	2:45:42	3:17	1:10:41	2:23:47	5:53:26
Denise Rhodes	W50-54	6/26	30:03	3:05	55:06	58:32	3:03:10	2:15	1:07:05	2:15:27	5:54:00
Kevin Sourisseau	M40-44	37/78	33:19	2:11	55:28	1:01:17	3:10:12	2:17	1:02:57	2:06:02	5:54:01
Justin Goodale	M35-39	43/92	28:35	2:25	57:05	57:27	3:00:27	3:14	1:06:13	2:19:26	5:54:07
Zeke Silva	M40-44	38/78	35:25	3:09	55:02	57:18	3:00:49	2:16	1:04:01	2:12:34	5:54:13
Ryan Eisele	M18-24	9/28	28:53	1:28	51:51	1:00:51	3:00:01	1:29	1:03:35	2:22:28	5:54:19
Will Murray	M55-59	8/17	37:28	3:10	54:24	55:25	2:55:46	2:35	1:09:10	2:15:23	5:54:22
Allison Forsberg	W25-29	8/21	30:43	3:40	58:13	1:00:28	3:08:57	3:24	1:01:41	2:07:39	5:54:23
Nicole Ferstl	W35-39	7/25	33:34	2:25	59:23	1:02:02	3:12:57	2:19	1:02:23	2:03:20	5:54:35
Cary Craig	W50-54	7/26	35:59	3:15	54:50	56:33	2:58:04	3:26	1:07:35	2:14:12	5:54:56
Susie Bowers	W50-54	8/26	38:14	2:26	56:47	1:01:43	3:08:57	2:00	1:03:02	2:03:38	5:55:15
Abigail Artley	W35-39	8/25	40:17	2:53	55:54	59:33	3:07:08	4:12	59:56	2:00:58	5:55:28
Carolina Carstens	W35-39	9/25	38:41	1:47	54:25	58:02	2:58:35	2:47	1:09:03	2:13:50	5:55:40
Melissa Olivias	W40-44	21/40	37:38	2:36	57:23	58:54	3:05:29	2:12	1:03:13	2:08:44	5:56:39
Nathaniel Schaffer	M25-29	27/59	33:54	1:48	57:21	57:16	3:00:16	2:32	1:07:08	2:18:41	5:57:11
Susan Talbot	W50-54	9/26	34:03	1:58	57:18	1:00:24	3:08:27	2:42	1:06:50	2:10:06	5:57:16
Rick MarFori	M40-44	39/78	42:48	2:30	55:55	58:45	3:05:38	7:03	57:20	1:59:20	5:57:19
Travis Forest	M25-29	28/59	38:06	2:24	55:58	59:22	3:05:33	2:11	1:05:09	2:09:07	5:57:21
Jerry Fleming	M60-64	5/19	35:29	3:23	58:58	1:00:43	3:11:33	2:36	1:02:37	2:04:40	5:57:41
Pablo Valedon	M50-54	20/44	26:35	2:20	55:03	1:13:14	3:19:48	3:39	59:49	2:05:25	5:57:47
Sondra Johnson	W35-39	10/25	34:49	2:19	56:00	59:44	3:07:21	3:16	1:04:41	2:10:15	5:58:00
Margie Williams	W50-54	10/26	35:17	1:51	55:32	58:02	3:05:24	1:58	1:06:18	2:13:43	5:58:13
Joseph Brandt	M35-39	44/92	28:59	2:35	53:24	54:13	2:55:41	4:01	1:14:26	2:28:02	5:59:18
Rick Rosales	M35-39	45/92	30:23	2:33	51:12	53:50	2:49:09	2:11	1:09:57	2:35:03	5:59:19
Salvador Perches	M40-44	40/78	32:57	2:18	1:01:08	1:02:18	3:17:19	1:56	1:02:57	2:05:12	5:59:42
Victor Fernandez	M18-24	10/28	38:02	3:09	59:05	1:04:24	3:23:10	4:11	54:44	1:51:43	6:00:15
Elizabeth Spongale	W55-59	1/7	38:30	2:08	53:47	56:27	2:58:43	2:12	1:07:58	2:18:57	6:00:30
Jim Dicker	M60-64	6/19	32:36	4:10	53:03	54:43	2:54:13	2:40	1:16:51	2:27:17	6:00:56
Jacquelyn King	W25-29	9/21	31:46	1:42	1:01:54	1:01:55	3:15:37	1:20	1:08:12	2:10:36	6:01:01
Josue Vazquez	M35-39	46/92	36:28	2:25	53:28	54:13	3:03:32	2:14	1:08:10	2:16:23	6:01:02
Richard Archer	M35-39	47/92	35:26	1:51	56:19	58:49	3:04:42	1:25	1:04:55	2:17:58	6:01:22
Marc Aten	HC	3/5	47:08	4:33	1:01:13	1:09:16	3:33:20	2:22	53:46	1:34:20	6:01:43
Joel Popp	M35-39	48/92	31:33	3:17	57:56	1:01:41	3:16:53	3:25	1:04:57	2:06:43	6:01:51
Laura McCreary	W40-44	22/40	33:11	2:21	55:11	58:50	3:04:35	3:23	1:08:30	2:18:51	6:02:21
Richard Maguire	M30-34	43/70	37:36	3:16	55:36	57:45	3:02:14	2:23	1:09:40	2:17:46	6:03:15
Paulo Santos	M40-44	41/78	35:13	2:30	1:01:36	1:07:01	3:28:07	3:16	57:51	1:54:22	6:03:28
Sara Freeny	W50-54	11/26	30:08	3:51	1:00:50	1:01:57	3:16:42	3:19	1:07:19	2:10:06	6:04:06
Lauren Fossum	W18-24	2/6	30:50	1:40	58:58	1:02:18	3:18:56	1:16	1:10:03	2:12:39	6:05:21
Brandon Hughes	CLYD40	3/12	30:40	2:23	57:34	1:00:18	3:09:12	3:14	1:08:43	2:19:56	6:05:25
Jeannine Mahoney	W35-39	11/25	40:12	1:49	57:47	58:49	3:06:08	2:05	1:06:54	2:15:32	6:05:46
Megan Buttner	W30-34	16/28	29:59	1:48	59:08	1:01:26	3:16:33	2:07	1:05:51	2:15:39	6:06:06
Worth Carroll	M25-29	29/59	34:22	4:20	1:01:04	1:00:45	3:13:22	3:51	1:06:53	2:10:12	6:06:07
Bryan Huskisson	M40-44	42/78	36:47	4:29	57:57	58:24	3:05:32	6:12	1:03:01	2:13:35	6:06:35
James Margiotta	M40-44	43/78	39:32	2:55	56:45	58:26	3:02:07	3:07	1:06:33	2:18:58	6:06:39
Stephen Hromcik	M30-34	44/70	33:04	2:09	1:00:51	1:05:12	3:23:49	2:24	1:03:21	2:05:25	6:06:51
Elaine Bell	W35-39	12/25	37:22	3:52	58:59	1:00:50	3:13:31	5:06	58:40	2:07:13	6:07:04
Brent Brasseaux	M35-39	49/92	34:19	2:08	57:28	1:00:07	3:08:55	2:15	1:05:01	2:19:29	6:07:06
James Terhune	M35-39	50/92	35:43	2:52	56:23	59:41	3:05:29	2:57	1:03:16	2:20:06	6:07:07
Greg Hogan	M50-54	21/44	30:14	2:12	57:03	58:53	3:08:06	2:15	1:07:50	2:24:31	6:07:18
Warren Stepler	M25-29	30/59	35:53	2:14	55:25	57:45	3:05:10	2:31	1:01:54	2:21:31	6:07:19
Raul Cardenas	M30-34	45/70	37:12	2:22	59:15	59:57	3:12:31	2:07	1:09:01	2:13:14	6:07:26
Kathleen Hughes	W50-54	12/26	32:37	3:48	54:43	56:05	2:58:04	2:48	1:14:26	2:30:21	6:07:38
Mike Flores Team Apoll	M-TEAM	3/5	47:22	1:20	55:15	59:45	3:07:36	1:09	59:42	2:10:11	6:07:38
Brian Alger Tri 2 Catc	M-TEAM	4/5	38:33	1:25	57:14	1:03:30	3:25:10	1:02	58:10	2:01:30	6:07:40
Brandonn Dukes	M35-39	51/92	34:26	3:36	51:51	56:12	2:57:15	2:39	1:07:06	2:29:52	6:07:48
Kim Carlsen	W50-54	13/26	37:38	3:15	57:16	59:13	3:07:40	3:27	1:05:58	2:15:50	6:07:50
Sandra Guevara Meza	W30-34	17/28	41:01	3:00	59:53	1:03:03	3:21:42	2:00	1:01:53	2:00:19	6:08:02
Andrew Wilson	M45-49	24/49	29:52	4:39	56:32	59:10	3:06:40	5:10	1:08:05	2:21:57	6:08:18
Lynnda Best-Wiss	W60-64	1/4	32:28	2:37	1:02:37	1:03:16	3:21:00	1:56	1:05:31	2:10:36	6:08:37
Michael Leclair	M35-39	52/92	33:50	1:43	56:42	58:03	3:04:16	2:00	1:08:07	2:27:16	6:09:05
Ruben Cruz	M40-44	44/78	39:19	2:27	1:03:12	1:03:16	3:26:04	1:54	59:36	1:59:37	6:09:21
Ben Urbanczyk	M45-49	25/49	34:37	4:24	56:45	59:40	3:08:23	2:07	1:06:57	2:19:51	6:09:22
D'Arcy Honeycutt	W55-59	2/7	36:14	1:47	58:04	1:01:51	3:12:37	2:04	1:11:39	2:16:48	6:09:30
Juan Sanchez	M30-34	46/70	31:31	2:20	1:00:46	1:02:28	3:21:21	4:21	1:04:17	2:10:10	6:09:43
Steve Carroll	M18-24	11/28	38:48	1:58	52:29	58:19	3:01:41	2:20	1:09:21	2:25:08	6:09:55
Matt Wilson	M35-39	53/92	35:28	2:34	57:28	58:41	3:06:17	2:23	1:09:24	2:23:21	6:10:03
Salvador Trejo	M35-39	54/92	42:19	3:25	53:05	55:19	2:58:03	3:21	1:09:51	2:23:58	6:11:06
Mike Lestingi	M40-44	45/78	29:38	2:07	58:54	1:01:24	3:15:34	2:45	1:09:00	2:21:02	6:11:06
Pat Donnelly	M60-64	7/19	38:38	2:36	56:50	1:01:25	3:10:38	2:45	1:07:51	2:16:52	6:11:29
J.Aldridge Todd Mcgrat	M-TEAM	5/5	41:48	4:50	1:00:26	1:07:09	3:36:52	1:24	52:03	1:46:38	6:11:32
Hans Paff	M25-29	31/59	39:16	5:29	56:30	57:44	3:01:23	3:36	1:07:12	2:22:01	6:11:45
Martha Buttner	W55-59	3/7	29:38	2:16	58:40	1:03:06	3:18:26	1:29	1:07:26	2:20:03	6:11:52
Jason Fellers	M30-34	47/70	43:35	2:35	57:41	1:00:58	3:15:07	2:37	57:12	2:08:14	6:12:08
Steve Moats	M45-49	26/49	28:57	2:27	57:47	58:04	3:09:04	3:05	1:11:15	2:28:39	6:12:12
Jason Cottrell	M40-44	46/78	37:44	5:05	59:58	1:02:34	3:16:07	6:49	1:05:50	2:07:37	6:13:22
Michael Zinn	M60-64	8/19	35:00	1:55	56:33	1:01:02	3:11:44	2:05	1:12:31	2:23:09	6:13:53
Ronald Mortenson	M25-29	32/59	42:42	3:07	59:52	1:03:01	3:16:59	2:47	1:01:37	2:08:18	6:13:53
Zane Dowdell	M40-44	47/78	41:22	3:46	57:31	1:04:40	3:14:52	3:07	1:02:30	2:10:56	6:14:03
Christopher Nelson	M35-39	55/92	32:55	1:42	58:13	1:00:11	3:13:05	3:02	1:13:40	2:23:23	6:14:07
Robert Dennen	M40-44	48/78	28:36	2:19	57:02	58:02	3:07:29	2:11	1:14:37	2:33:33	6:14:08
Chad Elrod	M35-39	56/92	35:28	3:31	53:19	54:49	2:53:25	4:09	1:16:28	2:38:06	6:14:39
Team Tres Rita Rachel	F-TEAM	1/3	46:42	1:15	59:37	1:03:18	3:20:44	1:03	1:01:45	2:05:04	6:14:48
Dan Jordan	M50-54	22/44	45:52	4:47	57:11	1:01:01	3:11:04	2:40	1:04:24	2:10:31	6:14:54
Lee Reforma	M25-29	33/59	38:49	1:45	57:56	58:39	3:09:11	1:25	1:13:46	2:23:51	6:15:01
Brian Smith	M40-44	49/78	33:56	2:27	54:21	58:09	3:11:39	2:46	1:06:12	2:24:38	6:15:26
Michael Colvin	M25-29	34/59	32:37	2:35	57:19	1:00:42	3:16:29	2:14	1:08:41	2:21:54	6:15:49
Francesco Gentile	M45-49	27/49	38:07	5:04	57:47	1:03:45	3:16:57	4:55	1:02:30	2:10:47	6:15:50
Ian Ratner	M55-59	9/17	36:41	3:53	59:11	1:00:20	3:11:24	5:32	1:09:59	2:18:52	6:16:22
Randall McCafferty	M45-49	28/49	27:20	3:49	57:15</						

## Buffalo Springs Lake Ironman 70.3 - 70.3 Individuals - results

OnlineRaceResults.com

NAME	DIV	DIV PL	SWIM	T1	BIKE15MI	BIKE35MI	BIKE	T2	RUN6.5MI	RUN	TIME
Grace Duffy	W45-49	8/21	32:27	2:18	1:02:13	1:05:47	3:26:37	2:48	1:03:04	2:14:29	6:18:39
Matthew Riles	M25-29	35/59	44:30	3:15	51:26	54:03	2:49:31	2:24	1:17:11	2:39:22	6:19:02
Brett Tofflemire	M25-29	36/59	26:55	2:24	55:58	56:22	3:04:55	5:21	1:17:19	2:39:28	6:19:03
Jo Beth Southard	W35-39	13/25	42:41	2:01	56:56	1:03:41	3:16:24	1:31	1:07:01	2:16:44	6:19:21
Roger Gartman	M60-64	9/19	36:26	1:27	56:29	58:27	3:04:50	2:56	1:11:54	2:33:59	6:19:38
Bart Stevens	M30-34	48/70	36:34	3:06	55:40	1:00:00	3:06:59	4:12	1:09:59	2:28:51	6:19:42
Andre Szucs	PC	1/1	31:44	1:37	56:29	1:01:22	3:10:16	4:03	1:15:41	2:32:10	6:19:50
Travis Stecker	M30-34	49/70	40:34	1:51	58:06	1:01:01	3:14:21	1:43	1:16:33	2:21:26	6:19:55
Colin McElroy	M30-34	50/70	37:01	3:00	56:57	1:00:12	3:07:04	2:23	1:10:37	2:31:09	6:20:37
Jonathan MacH	M30-34	51/70	32:54	1:44	57:29	1:00:49	3:12:54	3:10	1:04:02	2:30:31	6:21:13
William Marenich	M30-34	52/70	47:40	2:15	56:52	59:58	3:11:29	2:02	1:10:32	2:17:53	6:21:19
Matthew Ange	M18-24	12/28	36:34	2:49	54:09	55:28	2:56:39	1:47	1:14:37	2:43:34	6:21:23
Craig Rants	M35-39	58/92	36:20	2:37	53:48	55:27	2:57:25	2:21	1:14:31	2:42:41	6:21:24
David Yowell	M25-29	37/59	36:54	2:37	57:16	58:43	3:07:57	1:42	1:18:06	2:32:16	6:21:26
Matt Chauvin	M40-44	51/78	49:23	3:02	55:35	1:00:59	3:10:03	7:06	1:06:17	2:12:47	6:22:21
Mike Wilmot	M45-49	29/49	29:49	2:56	55:22	57:55	3:10:19	3:55	1:08:52	2:35:51	6:22:22
Team Lbk 5.0 Cristin S	COEDTM	3/5	42:48	1:10	56:44	1:03:34	3:20:32	0:55	1:05:25	2:17:20	6:22:45
Steve Lang	CLYD40	4/12	33:49	7:41	1:05:12	1:07:39	3:24:58	5:03	1:08:23	2:11:19	6:22:50
Arthur McLain	M35-39	59/92	33:42	4:33	1:03:09	1:00:43	3:14:53	5:06	1:05:33	2:24:45	6:22:59
Gerald Tomcs Mark Smith	COEDTM	4/5	37:38	1:36	57:13	57:25	3:05:58	1:21	1:14:24	2:36:27	6:23:00
Joshua Cogburn	M25-29	38/59	37:10	3:10	58:05	1:02:17	3:14:22	5:29	1:08:06	2:23:10	6:23:21
Wade Wilson	M50-54	25/44	33:34	2:12	52:44	54:56	2:54:35	4:21	1:20:41	2:49:49	6:24:31
Daniel Guizar	M25-29	39/59	44:57	2:38	51:50	1:00:30	3:01:11	3:03	1:13:34	2:32:50	6:24:39
Quinn Reckmeyer	M18-24	13/28	31:08	5:22	58:45	1:13:06	3:28:07	4:06	1:05:43	2:16:01	6:24:44
Sean Monroe	M18-24	14/28	34:33	6:20	58:16	59:35	3:13:48	3:42	1:12:32	2:26:27	6:24:50
Mary Presecan	W35-39	14/25	35:31	2:57	1:03:18	1:05:57	3:27:28	3:43	1:06:51	2:15:12	6:24:51
Ronnie Adams	M35-39	60/92	40:38	4:36	56:16	58:08	3:02:24	3:05	1:16:34	2:34:15	6:24:58
George Demetrulias	M60-64	10/19	42:20	3:46	57:10	59:19	3:06:20	4:27	1:13:18	2:29:08	6:26:01
Matthew Leck	M25-29	40/59	31:03	2:07	55:47	59:46	3:11:53	3:43	1:24:13	2:37:34	6:26:20
Chris Carter	M35-39	61/92	41:03	4:32	58:59	59:36	3:15:46	5:27	1:04:28	2:19:37	6:26:25
Rick Middaugh	M55-59	10/17	41:09	4:25	1:01:40	1:06:25	3:22:55	5:11	1:06:56	2:12:45	6:26:25
John Modder	M45-49	30/49	45:17	5:00	1:01:05	1:00:45	3:15:51	3:00	1:04:11	2:17:37	6:26:45
Kristopher Marjon	M25-29	41/59	37:48	2:35	1:00:48	1:01:54	3:20:29	2:04	1:15:21	2:24:01	6:26:57
Keith James	M35-39	62/92	35:13	4:05	1:03:11	1:05:17	3:27:07	5:59	1:08:27	2:15:03	6:27:27
Doug Yeager	M25-29	42/59	36:52	3:47	57:49	57:49	3:07:00	3:42	1:18:06	2:37:12	6:28:33
Anabel Hill	W55-59	4/7	37:06	3:39	59:41	1:02:41	3:16:28	4:58		2:26:39	6:28:50
Matthew Conner	M35-39	63/92	36:10	8:12	1:07:52	1:02:16	3:26:18	7:16	59:16	2:11:00	6:28:56
Sam Levario	M45-49	31/49	37:42	3:56	54:30	55:57	2:57:01	5:52	1:13:59	2:44:30	6:29:01
Katie White	W40-44	24/40	32:10	2:48	1:01:47	1:04:54	3:21:39	5:42	1:09:15	2:27:35	6:29:54
Scott Mauk	M40-44	52/78	41:40	3:42	58:37	1:02:27	3:17:18	3:22	1:12:50	2:24:01	6:30:03
Anne McKenzie	W35-39	15/25	39:33	3:41	1:01:37	1:10:48	3:28:14	2:33	1:07:13	2:16:23	6:30:24
Karen Dayan	W50-54	14/26	41:02	2:25	1:02:12	1:04:51	3:23:02	2:37	1:14:27	2:21:28	6:30:34
Abel Perez	M25-29	43/59	47:36	3:01	57:18	1:01:44	3:14:40	2:43	1:10:27	2:23:11	6:31:11
Julia Rossi	M25-29	10/21	30:56	1:32	54:52	58:00	3:07:10	3:04	1:36:33	2:49:32	6:32:14
Garett Renon	M30-34	53/70	37:01	2:14	55:06	59:55	3:06:36	2:17	1:17:27	2:44:08	6:32:16
Daniel Berg	M50-54	26/44	35:05	6:00	59:19	1:02:38	3:15:43	5:48	1:12:32	2:30:10	6:32:46
Margaret Sanchez	W45-49	9/21	35:11	1:57	58:52	1:13:33	3:14:29	2:07	1:13:57	2:39:13	6:32:57
Shannon Himango	CLYD40	5/12	37:30	4:09	55:30	59:56	3:08:34	2:57	1:16:59	2:39:51	6:33:01
Jenny Ecord	M40-44	25/40	38:57	3:28	57:44	1:01:18	3:09:05	2:33	1:17:36	2:39:01	6:33:04
Jason Fowler	HC	4/5	45:41	5:04	1:08:01	1:19:10	3:55:56	3:18	1:01:37	1:43:41	6:33:40
David Ugland	M55-59	11/17	48:07	6:12	58:06	59:27	3:08:32	6:38	1:10:02	2:24:22	6:33:51
Thomas Campagna	M50-54	27/44	42:23	4:10	59:39	1:04:11	3:20:07	4:46	1:08:58	2:22:25	6:33:51
Patricia Rosen	W55-59	5/7	36:01	2:16	1:00:45	1:03:59	3:23:59	1:47	1:14:01	2:30:03	6:34:06
Pam Schuckies	W55-59	6/7	48:15	2:25	59:43	1:03:25	3:18:27	3:54	1:11:49	2:21:06	6:34:07
John Bruns	M65-69	2/7	50:08	3:16	56:19	1:00:41	3:07:56	3:04	1:11:17	2:29:47	6:34:11
Ana Baron	W18-24	3/6	34:54	2:04	1:02:17	1:05:48	3:29:27	2:38	1:14:42	2:25:14	6:34:17
Jeffrey Farris	M50-54	28/44	36:22	4:01	57:54	1:03:30	3:12:29	4:30	1:15:19	2:36:56	6:34:18
Miguel Sanchez	M60-64	11/19	29:17	1:46	1:01:24	1:04:01	3:23:13	2:20	1:13:48	2:37:50	6:34:26
Patrick Bene	M45-49	32/49	53:29	2:44	54:25	57:50	3:01:13	2:50	1:13:14	2:34:40	6:34:56
Peter Carton	M45-49	33/49	32:46	4:55	57:35	1:06:48	3:29:34	4:33	1:13:52	2:23:29	6:35:17
Mary Lou Lowrie	W60-64	2/4	42:59	3:36	56:05	1:00:05	3:06:03	3:39	1:21:22	2:39:09	6:35:26
Martin Sosolik	M35-39	64/92	35:07	4:05	1:01:10	1:04:19	3:22:29	3:30	1:15:28	2:30:20	6:35:31
Susie Gross	W40-44	26/40	37:32	5:08	1:03:47	1:06:41	3:30:31	3:39	1:09:50	2:19:04	6:35:54
Chad Grange	M45-49	34/49	34:06	3:21	55:44	58:19	3:06:45	3:48	1:25:35	2:47:57	6:35:57
Charles Cash	M40-44	53/78	42:24	3:39	54:45	56:43	2:57:35	3:30	1:21:23	2:48:55	6:36:03
Simeon Galano	M18-24	15/28	51:29	2:56	55:50	58:04	3:06:01	2:13	1:19:10	2:33:34	6:36:13
Laura Glaister	W40-44	27/40	38:00	2:23	1:01:33	1:05:21	3:25:20	2:30	1:14:58	2:28:14	6:36:27
Dale Ganus	M35-39	65/92	25:35	2:37	1:01:27	1:04:31	3:23:21	4:12	1:18:30	2:40:47	6:36:32
Joey Benton	M40-44	54/78	31:55	3:36	54:42	58:34	3:08:42	3:57	1:18:35	2:48:45	6:36:55
John Caldwell	M45-49	35/49	38:40	4:07	1:01:52	1:02:04	3:19:25	4:35	1:15:37	2:30:36	6:37:23
Shirley Gonzales	W35-39	16/25	38:22	2:33	59:12	1:00:28	3:12:02	2:58	1:18:41	2:41:44	6:37:39
James Sisung	M35-39	66/92	33:43	2:35	56:57	57:39	3:04:07	3:29	1:20:51	2:53:50	6:37:44
William randy Warren	M35-39	67/92	41:04	4:06	54:43	1:02:35	3:14:01	4:05	1:21:27	2:34:35	6:37:51
Nick Istre	M30-34	54/70	38:15	4:19	1:02:51	1:05:27	3:22:56	3:09	1:18:19	2:29:38	6:38:17
Monica Torres	W25-29	11/21	31:59	2:04	1:05:48	1:07:20	3:33:11	4:28	1:10:10	2:26:42	6:38:24
Brendon Kerton	M35-39	68/92	40:16	3:23	59:29	1:02:43	3:19:10	3:33	1:08:47	2:32:10	6:38:32
John Wilson	M40-44	55/78	38:31	3:06	58:46	1:03:21	3:15:27	4:53	1:16:46	2:36:39	6:38:36
William Cook	M40-44	56/78	50:57	4:55	1:00:38	1:01:20	3:15:43	5:35	1:12:06	2:21:37	6:38:47
Natasha Brand	W40-44	28/40	42:59	2:50	57:42	1:06:50	3:32:57	3:52	1:07:15	2:16:12	6:38:50
Blake Harden	M25-29	44/59	40:46	2:32	56:58	57:35	3:04:38	1:59	1:17:05	2:48:56	6:38:51
Robert Edwards	M45-49	36/49	33:45	3:47	1:00:22	1:03:55	3:23:09	4:29	1:14:03	2:33:58	6:39:08
Randy Holloway	M55-59	12/17	37:22	2:56	57:15	58:52	3:05:52	2:26	1:14:15	2:50:56	6:39:32
Charlie Woodhouse	M60-64	12/19	40:25	2:23	1:00:12	1:04:35	3:24:35	3:48	1:12:13	2:28:32	6:39:43
Leah Mason	W35-39	17/25	40:53						1:19:18	2:34:46	6:39:51
Sidney Danner	M35-39	69/92	36:19	2:20	1:01:49	1:04:28	3:22:56	2:23	1:17:47	2:35:58	6:39:56
Anthony Oda	M40-44	57/78	41:55	2:57	55:41	1:00:07	3:10:06	2:56	1:20:26	2:42:15	6:40:09
Max Kiesling	M45-49	37/49	38:13	5:44	58:37	1:01:25	3:15:21	5:42	1:16:26	2:35:19	6:40:19
Brian Steiner	M18-24	16/28	37:23	2:47	55:43	1:01:02	3:10:04	2:11	1:23:24	2:48:06	6:40:31
Katie Weaver	W30-34	18/28	32:21	2:38	59:04	1:01:35	3:12:58	3:20	1:21:58	2:49:53	6:41:10
Carlos Hernandez	M35-39	70/92	48:17	5:47	56:10	1:01:32	3:11:26	4:21	1:13:54	2:31:24	6:41:15
Larry Feldman	CLYD40	6/12	37:02	3:14	58:15	1:01:55	3:15:57	3:41	1:18:22	2:41:25	6:41:19
Mark Johnston	M60-64	13/19	39:24	4:21	1:01:40	1:05:06	3:25:20	3:16	1:11:34	2:29:11	6:41:32
Ward Richmond	CLYD40	7/12	34:42	2:52	57:01	1:01:58	3:15:38	2:40	1:21:35	2:45:42	6:41:34
Terrhan Dial	W35-39										

## Buffalo Springs Lake Ironman 70.3 - 70.3 Individuals - results

OnlineRaceResults.com

NAME	DIV	DIV PL	SWIM	T1	BIKE15MI	BIKE35MI	BIKE	T2	RUN6.5MI	RUN	TIME
Alex Gregory	M25-29	45/59	33:43	2:45	53:00	54:21	2:58:05	4:08	1:28:44	3:04:44	6:43:25
Eddie Wyrick	M30-34	55/70	36:26	2:20	57:24	1:00:39	3:10:15	3:57	1:22:06	2:50:28	6:43:26
Fredrik Gosling	M40-44	58/78	44:35	6:30	55:02	59:42	3:05:21	3:13	1:20:42	2:44:24	6:44:03
Teresa Woodhouse	W60-64	3/4	44:36	2:41	1:04:23	1:07:44	3:31:43	3:34	1:13:13	2:21:48	6:44:22
Greg Wattis	M35-39	72/92	31:26	5:18	59:49	1:02:59	3:25:05	4:10	1:22:26	2:38:25	6:44:24
Laura Bernal	W45-49	10/21	52:45	5:27	1:07:28	1:08:28	3:34:31	2:54	1:07:45	2:09:09	6:44:46
Tommy Levario	M45-49	39/49	42:19	7:50	58:48	1:03:08	3:17:20	9:01	1:11:14	2:28:52	6:45:22
Mark Cronjaeger	M40-44	59/78	47:35	5:55	1:03:17	1:09:55	3:34:11	3:41	58:44	2:15:00	6:46:22
Alfredo Herrera	M35-39	73/92	37:14	6:01	1:06:12	1:04:08	3:29:30	4:46	1:14:57	2:29:45	6:47:16
Laura Parsons	W30-34	19/28	38:09	3:40	1:00:53	1:03:52	3:22:56	3:06	1:18:51	2:39:33	6:47:24
Karen Brown	W40-44	29/40	43:04	5:00	1:02:22	1:07:47	3:31:38	2:04	1:13:11	2:25:59	6:47:45
Amy Cadriel	W30-34	20/28	43:25	3:00	1:01:54	1:05:35	3:23:53	3:22	1:14:39	2:34:06	6:47:46
Alexander Blackshear	M35-39	74/92	34:48	3:50	1:01:03	1:02:14	3:20:28	3:31	1:21:22	2:45:24	6:48:01
Jeff Keele-Lien	M30-34	56/70	29:30	1:21	50:27	51:42	2:47:21	1:39	1:17:37	3:28:12	6:48:03
Jason Meares	M35-39	75/92	32:42	3:13	59:02	1:03:57	3:32:15	5:13	1:11:19	2:35:00	6:48:23
Mariah Vial	W25-29	13/21	52:29	2:05	1:00:39	1:04:51	3:26:13	2:05	1:13:22	2:25:33	6:48:25
Mark Evenson	M30-34	57/70	29:47	2:05	52:57	55:35	2:59:02	3:01	1:17:37	3:14:33	6:48:28
Bill Hanson	M40-44	60/78	40:34	4:26	53:21	1:00:12	3:04:11	4:46	1:24:29	2:54:34	6:48:31
Wendy Osborne	W25-29	14/21	43:09	4:37	58:58	1:01:37	3:18:05	3:03	1:21:58	2:39:51	6:48:45
Andy Gamble	M35-39	76/92	45:20	4:13	1:07:28	1:08:43	3:37:17	3:05	1:10:24	2:18:54	6:48:49
Michelle Lapuente	W35-39	19/25	41:08	2:32	59:02	1:04:33	3:22:51	5:26	1:23:11	2:36:54	6:48:51
Kyle Ward	M35-39	77/92	34:27	4:23	59:33	1:02:13	3:17:51	3:44	1:28:38	2:49:02	6:49:27
John Wolf	M25-29	46/59	1:03:12	5:04	1:05:06	1:07:11	3:31:24	5:41	1:03:40	2:04:12	6:49:33
Tegan Magsam	M18-24	17/28	38:44	4:38	1:06:23	1:13:23	3:48:12	5:06	1:06:50	2:13:06	6:49:46
Virginia Kuenker	W50-54	16/26	40:53	2:27	1:02:01	1:05:05	3:28:09	2:27	1:20:59	2:36:41	6:50:37
Ivan Houellemont	M18-24	18/28	42:33	4:54	1:05:34	1:10:18	3:38:59	3:28	1:10:55	2:20:48	6:50:42
Matthew Patterson	M35-39	78/92	34:44	2:15	1:00:27	1:01:00	3:18:03	4:23	1:23:43	2:51:53	6:51:18
Mark Garcia	M35-39	79/92	39:36	4:36	57:57	1:09:10	3:27:52	3:50	1:13:32	2:36:08	6:52:02
Ricardo Jimenez	M35-39	80/92	36:00	5:04	58:57	1:00:57	3:17:25	4:04	1:27:24	2:50:21	6:52:54
Tony Goetz	M25-29	47/59	44:20	3:56	52:27	57:50	3:06:21	6:23	1:14:35	2:51:57	6:52:57
Dan Reckmeyer	M50-54	29/44	41:33	4:17	1:04:35	1:07:34	3:30:40	4:40	1:12:52	2:31:58	6:53:08
Reza Anvarian	M35-39	81/92	36:20	5:11	1:02:45	1:02:44	3:23:24	5:00	1:16:33	2:43:22	6:53:17
Adam Trubow	CLYD40	8/12	40:28	4:05	59:01	1:01:34	3:15:22	4:35	1:23:34	2:49:13	6:53:43
Kevin Erickson	M50-54	30/44	43:46	6:28	58:12	1:05:17	3:24:09	5:33	1:19:54	2:33:57	6:53:53
Bill Marty	M65-69	4/7	43:38	4:26	1:00:54	1:04:34	3:26:53	3:24	1:14:46	2:36:21	6:54:42
Jon Mark Bernal	M30-34	58/70	38:58	3:59	1:01:39	1:06:24	3:28:56	3:06	1:23:13	2:40:26	6:55:25
Jose Flores	M40-44	61/78	47:43	1:52	1:01:39	1:06:24	3:09:59	2:10	1:31:42	2:53:45	6:55:29
Dawn Cartier	W35-39	20/25	40:18	3:57	1:06:55	1:09:29	3:38:19	6:35	1:15:41	2:26:30	6:55:39
William Markunas	M50-54	31/44	36:35	5:22	1:07:15	1:10:11	3:42:42	2:30	1:07:10	2:28:40	6:55:49
Sylvan Addink	M70-74	1/4	50:22	3:18	56:58	1:01:49	3:13:40	3:20	1:19:12	2:45:24	6:56:04
Earl Higgs	CLYD40	9/12	36:17	3:37	56:03	58:55	3:08:34	3:47	1:27:28	3:03:58	6:56:13
Neill Morgan	M50-54	32/44	42:01	2:11	1:00:03	1:01:55	3:14:01	2:11	1:15:27	2:56:27	6:56:51
Loranne Ausley	W45-49	11/21	42:04	2:38	1:03:39	1:08:29	3:31:28	4:58	1:14:14	2:35:50	6:56:58
Matt Byers	M30-34	59/70	43:03	1:47	1:02:10	1:06:33	3:32:34	6:20	1:21:41	2:33:27	6:57:11
Clayton Ferguson	M25-29	48/59	42:38	5:49	59:23	1:06:23	3:28:58	10:31	1:09:12	2:29:18	6:57:14
Steven Watson	M25-29	49/59	37:43	4:26	1:01:17	1:03:31	3:23:26	4:50	1:22:17	2:46:54	6:57:19
Jim Cihak	M60-64	14/19	37:50	1:52	1:03:12	1:03:12	3:20:23	2:15	1:22:48	2:55:28	6:57:48
Shawn Irwin	M18-24	19/28	37:52	3:02	1:02:09	1:06:46	3:34:04	3:01	1:16:50	2:40:30	6:58:29
Katherine Sims	W30-34	21/28	50:56	4:01	1:05:11	1:11:09	3:38:59	4:24	1:10:47	2:20:12	6:58:32
Abraham Fonseca	M40-44	62/78	39:46	4:35	1:03:15	1:05:38	3:26:33	4:42	1:18:36	2:43:26	6:59:02
Florian Delaplace	M30-34	60/70	33:26	3:16	1:02:15	1:08:50	3:36:51	4:46	1:20:45	2:40:43	6:59:02
Ricardo Fierro	M40-44	63/78	33:10	5:00	1:01:30	1:04:12	3:25:27	4:50	1:20:59	2:52:04	7:00:31
Brett Didier	M25-29	50/59	38:16	2:29	54:26	59:11	3:10:53	3:15	1:28:49	3:06:03	7:00:56
Joe Garza	M55-59	13/17	54:58	3:42	1:02:12	1:09:04	3:34:19	5:00	1:11:49	2:24:50	7:02:49
Kelly McConie	W45-49	12/21	43:40	4:32	1:01:00	1:05:11	3:24:25	2:47	1:22:43	2:47:29	7:02:53
Robert White	M50-54	33/44	37:03	6:03	59:26	1:02:34	3:17:54	7:36	1:18:06	2:55:23	7:03:59
Samantha Tino	W35-39	21/25	40:19	3:06	1:03:20	1:11:26	3:38:43	4:29	1:20:00	2:38:04	7:04:41
Andrew Alleman	M18-24	20/28	38:49	2:16	1:01:56	1:08:27	3:37:09	1:54	1:08:51	2:44:44	7:04:52
Kevin Watassek	M50-54	34/44	35:57	9:10	1:02:00	1:05:45	3:26:30	9:41	1:21:56	2:43:58	7:05:16
Molly Stevens	W40-44	30/40	31:39	2:17	1:01:22	1:03:42	3:21:42	3:56	1:26:02	3:05:48	7:05:22
Stephanie Winter	W40-44	31/40	36:36	2:00	58:14	1:02:05	3:14:08	2:57	1:22:37	3:09:47	7:05:28
Lee Ann Lee	W35-39	22/25	46:58	3:03	1:05:34	1:08:05	3:33:43	3:10	1:17:56	2:39:54	7:06:48
David Brumley	M35-39	82/92	35:00	1:47	1:01:13	1:07:21	3:40:11	3:10	1:28:03	2:46:42	7:06:50
Mitch Monroe	M50-54	35/44	41:29	5:06	1:02:27	1:06:34	3:31:12	3:37	1:22:09	2:46:04	7:07:28
Elias Salazar	M18-24	21/28	1:18:27	1:55	56:30	1:01:34	3:17:29	2:47	1:15:14	2:27:01	7:07:39
Siobhan Hamilton	W25-29	15/21	37:11	4:18	1:13:09	1:21:37	4:18:56	4:02	1:15:14	2:03:54	7:08:21
Erin Soletto	W50-54	17/26	48:39	4:07	1:00:46	1:02:14	3:19:44	5:37	1:27:25	2:50:19	7:08:26
Leslie Haas	W45-49	13/21	48:42	3:43	1:03:53	1:07:23	3:31:57	5:28	1:23:12	2:38:43	7:08:33
Bates Gaddy	M30-34	61/70	39:20	2:56	1:00:17	1:02:35	3:23:37	4:08	1:32:39	2:58:59	7:09:00
Brad Steen	M55-59	14/17	40:08	6:06	1:02:26	1:03:24	3:23:09	6:32	1:28:57	2:53:30	7:09:25
Kim Monson	M50-54	36/44	34:15	2:38	1:09:47	1:11:38	3:55:51	3:48	1:16:57	2:33:35	7:10:07
Adam Molleda	COEDTM	5/5	31:09	1:49	1:06:49	1:19:26	4:26:07	1:35	1:02:14	2:09:56	7:10:36
Alison Carey	W25-29	16/21	37:48	5:18	1:09:54	1:15:48	3:52:22	3:39	1:13:08	2:31:43	7:10:50
Micalene Cleavinger	W25-29	17/21	33:52	3:31	1:02:57	1:06:27	3:33:37	2:37	1:23:53	2:57:17	7:10:54
Rodney Vigil	M40-44	64/78	39:06	3:22	56:00	57:27	3:06:59	2:53	1:29:19	3:19:01	7:11:21
Marie Russell	W40-44	32/40	43:01	3:11	1:11:09	1:19:39	3:56:57	4:04	1:11:51	2:24:21	7:11:34
David Lunningham	M50-54	37/44	47:38	4:30	1:02:00	1:10:05	3:34:06	8:04	1:19:50	2:38:07	7:12:25
David Richmond	M50-54	38/44	36:28	5:15	1:01:00	1:01:05	3:18:23	4:54	1:35:24	3:07:38	7:12:38
Marie Davis	W40-44	33/40	40:37	2:30	1:04:32	1:08:19	3:33:20	3:02	1:25:29	2:53:35	7:13:04
Steve Branson	M50-54	39/44	50:33	2:20	56:48	59:54	3:09:14	2:38	1:28:59	3:10:49	7:15:34
Lesley Tuggle	W65-69	1/2	41:53	3:45	1:06:30	1:12:02	3:42:32	2:57	1:23:41	2:44:38	7:15:45
Rachael Ghrist	W25-29	18/21	38:23	2:54	1:05:01	1:10:44	3:40:19	4:26	1:23:55	2:49:57	7:15:59
Tracy Jenkins	W45-49	14/21	49:25	3:12	1:06:44	1:12:06	3:44:23	4:59	1:19:02	2:34:21	7:16:20
Rob Forst	M40-44	65/78	29:55	4:56	57:19	1:02:12	3:26:09	4:59	1:30:58	3:10:54	7:16:53
Amanda Baume	W35-39	23/25	48:29	3:37	1:09:14	1:12:03	3:41:34	3:34	1:19:10	2:39:54	7:17:08
Randy Stringer	M35-39	84/92	53:28	2:35	55:56	1:02:29	3:17:13	5:19	1:29:26	2:59:04	7:17:39
Katherine Compton	W50-54	18/26	53:07	2:27	59:16	1:03:17	3:21:22	4:17	1:28:19	2:56:51	7:18:04
Michael Hancock	M30-34	62/70	38:42	3:13	1:00:01	1:02:17	3:20:42	3:38	1:31:41	3:12:00	7:18:15
Scott Fiegelman	M40-44	66/78	33:28	2:16	51:54	53:08	2:49:39	1:53	1:32:23	3:51:14	7:18:30
Trent Nix	M30-34	63/70	44:18	4:42	1:07:44	1:06:32	3:32:25	3:07	1:23:00	2:54:16	7:18:48
Robert Flint	M60-64	15/19	35:34	2:16	1:00:44	1:04:52	3:26:48	2:31	1:32:42	3:11:51	7:19:00
James Garris	M35-39	85/92	35:30	4:29	1:02:04	1:07:24	3:32:53				

## Buffalo Springs Lake Ironman 70.3 - 70.3 Individuals - results

OnlineRaceResults.com

NAME	DIV	DIV PL	SWIM	T1	BIKE15MI	BIKE35MI	BIKE	T2	RUN6.5MI	RUN	TIME
Thomas Shetina	M45-49	41/49	42:56	4:30	1:04:49	1:05:55	3:31:09	2:46	1:28:16	3:02:20	7:23:41
Carma Slim	W40-44	34/40	49:33	4:02	1:03:55	1:09:57	3:38:08	4:31	1:25:38	2:47:42	7:23:56
Ken Hola	M65-69	5/7	35:09	5:39	1:02:15	1:08:53	3:34:20	7:13	1:26:44	3:01:50	7:24:11
James Runnels	M45-49	42/49	43:11	4:37	1:00:45	1:08:32	3:31:41	4:40	1:28:21	3:00:05	7:24:14
James Krahula	M18-24	23/28	41:45	3:30	55:55	1:04:08	3:17:22	2:07	1:28:51	3:19:48	7:24:32
Veronica Kinney	W35-39	24/25	40:23	3:04	1:00:03	1:04:56	3:26:34	5:07	1:31:13	3:11:48	7:26:56
Michele Burzynski	W40-44	35/40	39:44	8:17	1:02:45	1:06:05	3:28:42	6:56	1:28:52	3:03:41	7:27:20
Araceli Solis	W30-34	22/28	37:23	4:16	1:00:50	1:04:20	3:26:08	3:53	1:34:38	3:16:39	7:28:19
David King	M25-29	51/59	30:02	3:43	1:06:05	1:12:07	4:05:06	1:52	1:31:07	2:48:03	7:28:46
William Pruettt	CLYD40	10/12	41:28	3:03	1:00:37	1:04:56	3:24:59	4:15	1:33:41	3:16:31	7:30:16
Shawn Twing	M45-49	43/49	52:53	2:46	58:57	1:09:47	3:33:46	4:55	1:44:12	2:56:46	7:31:06
Michael Feldman	M55-59	15/17	42:23	14:19	1:04:27	1:11:16	3:40:19	7:44	1:21:56	2:46:22	7:31:07
Scott Shauf	M40-44	68/78	32:44	4:35	1:05:37	1:11:00	3:44:13	4:31	1:28:28	3:05:23	7:31:26
Dilma Ruiz-Friel	W45-49	15/21	45:45	3:44	1:08:55	1:12:22	3:50:29	3:42	1:29:04	2:47:52	7:31:32
Jennifer Nix	W25-29	19/21	45:32	2:30	1:10:06	1:12:41	3:49:00	3:13	1:27:18	2:51:27	7:31:42
Gordon Purser	M55-59	16/17	53:22	3:55	1:07:11	1:10:23	3:41:54	5:29	1:23:13	2:47:04	7:31:44
Richard Mayer	M45-49	44/49	36:13	3:01	56:05	1:00:49	3:19:04	4:58	1:48:02	3:28:35	7:31:51
Team Hydrotrain	F-TEAM	2/3	32:15	1:40	1:12:53	1:19:09	4:17:15	1:35	1:14:59	2:39:08	7:31:53
Michael Wyss	M40-44	69/78	41:44	5:02	1:03:04	1:06:50	3:26:42	6:15	1:31:26	3:12:25	7:32:08
Manuel Houellemont Jr.	M15-17	1/1	32:55	7:14	58:37	1:10:55	3:36:19	3:45	1:30:53	3:11:59	7:32:12
Cherie Bracher	W40-44	36/40	43:18	6:06	1:13:05	1:14:58	3:53:25	5:40	1:20:24	2:44:32	7:33:01
Bob Heins	M70-74	2/4	42:34	5:00	1:04:16	1:10:31	3:35:21	4:49	1:29:07	3:05:27	7:33:11
Denise Roe	W55-59	7/7	53:04	4:08	1:04:27	1:12:20	3:43:36	6:04	1:22:43	2:46:56	7:33:48
Cheryl Woodworth	W65-69	2/2	45:14	3:24	1:04:51	1:08:56	3:35:16	4:08	1:29:16	3:07:10	7:35:12
Donald Spurgin II	M35-39	87/92	42:32	6:24	1:03:22	1:07:54	3:35:05	7:35	1:28:48	3:04:24	7:36:00
Kevin Koch	M50-54	41/44	49:43	3:44	1:03:29	1:06:08	3:29:59	2:20	1:36:29	3:10:28	7:36:14
Jeanie Ruffner	W45-49	16/21	50:32	3:44	1:01:47	1:04:42	3:25:37	3:47	1:36:17	3:13:19	7:36:59
Pedro Vargas	M35-39	88/92	39:22	2:33	1:00:42	1:04:27	3:33:27	4:05	1:35:08	3:18:26	7:37:53
David Snyder	M45-49	45/49	39:22	5:14	1:00:25	1:04:35	3:26:15	4:23	1:39:26	3:22:49	7:38:03
Zach Winkler	M18-24	25/28	48:53	3:38	1:04:28	1:09:05	3:39:21	3:19	1:25:51	3:03:02	7:38:13
Jacod Cantu	M18-24	24/28	50:05	2:47	1:04:31	1:10:55	3:42:00	5:43	1:25:14	2:57:38	7:38:13
Gary Parsley	M30-34	65/70	43:27	4:20	1:00:50	1:05:48	3:26:39	4:12	1:33:04	3:19:43	7:38:21
Tor Helgeson	M30-34	66/70	41:26	9:29	1:03:43	1:09:55	3:36:11	7:38	1:28:49	3:04:25	7:39:09
Chase Newkumet	M18-24	26/28	51:43	3:16	1:07:36	1:08:38	3:48:05	2:41	1:28:44	2:54:13	7:39:58
Matt Wilson	M30-34	67/70	57:57	3:07	59:02	1:03:36	3:23:07	3:15	1:35:47	3:13:30	7:40:56
Manuel Houellemont	M40-44	70/78	52:57	6:55	1:04:41	1:24:04	3:52:15	5:33	1:25:28	2:43:16	7:40:56
Mehamed Boucherit	M35-39	89/92	39:39	3:44	55:54	59:04	3:08:51	3:15	1:37:42	3:45:46	7:41:15
James Martin	M35-39	90/92	39:33	3:59	1:00:11	1:07:42	3:33:48	8:00	1:42:06	3:16:18	7:41:38
Spencer Harris	M40-44	71/78	53:49	4:07	1:03:02	1:11:10	3:41:12	3:14	1:29:38	2:59:34	7:41:56
Jose Soberano	M25-29	52/59	50:32	2:21	1:03:47	1:05:26	3:27:46	3:47	1:39:40	3:17:38	7:42:04
Erica Gault	W30-34	23/28	35:19	2:10	1:03:59	1:08:38	3:41:06	3:48	1:48:26	3:19:57	7:42:20
Elizabeth Ballance	W18-24	5/6	33:17	3:05	1:08:06	1:17:02	3:57:51	4:33	1:34:53	3:04:41	7:43:27
Gerardo Ceballos	M25-29	53/59	46:30	2:15	1:02:30	1:07:46	3:35:23	3:11	1:36:46	3:16:25	7:43:44
Michael McCluskey	M60-64	16/19	36:29	3:31	1:07:45	1:11:41	3:41:47	4:01	1:36:38	3:17:56	7:43:44
Steve Farris	M50-54	42/44	48:44	3:59	58:39	1:04:34	3:28:40	7:43	1:30:16	3:14:44	7:43:50
Benny Ellison	CLYD40	11/12	47:36	2:17	57:37	1:01:55	3:20:04	2:48	1:50:42	3:31:34	7:44:19
Chris Johnson	M40-44	72/78	36:12	6:44	1:02:22	1:07:37	3:33:33	8:17	1:29:35	3:19:50	7:44:36
Jessica Seidel	W25-29	20/21	32:31	2:09	1:06:15	1:13:16	3:53:18	4:07	1:34:41	3:12:31	7:44:36
Humberto Vela	M50-54	43/44	49:19	4:16	59:52	1:07:04	3:32:01	3:21	1:40:57	3:15:46	7:44:43
Walter Basnigh	M40-44	73/78	38:30	4:17	1:05:01	1:08:58	3:36:57	3:20	1:43:06	3:21:39	7:44:43
Amanda Wang	W30-34	24/28	35:35	4:36	1:04:54	1:13:01	3:48:26	6:12	1:38:49	3:10:02	7:44:51
Thomas McBroom	M35-39	91/92	36:28	4:19	1:04:56	1:08:42	3:36:29	5:54	1:34:51	3:21:45	7:44:55
Bruce Murray	M75-79	1/1	34:25	3:45	1:09:11	1:12:08	3:45:55	5:00	1:40:11	3:15:58	7:45:03
Chris Javadi	M25-29	55/59	36:32	4:07	1:04:32	1:11:48	3:57:42	6:13	1:28:24	3:00:53	7:45:27
Andrew Tyler	M25-29	54/59	39:28	2:48	1:08:24	1:12:47	3:58:29	3:48	1:28:25	3:00:54	7:45:27
Michael L. Smith. Mich	M45-49	46/49	41:50	2:20	1:15:56	1:25:47	4:27:19	1:05	1:07:15	2:33:15	7:45:49
Kassia Regehr	W30-34	25/28	43:38	4:14	1:10:56	1:14:25	3:55:40	3:37	1:23:43	2:59:07	7:46:16
Ryan Stafford	M30-34	68/70	40:31	5:05	1:11:26	1:18:10	4:00:52	2:57	1:21:32	2:59:37	7:49:02
Edward Bucsku	M45-49	47/49	55:17	3:47	1:02:58	1:07:41	3:42:36	5:01	1:29:31	3:02:27	7:49:08
Susan Katz	HC	5/5	52:59	7:28	1:17:44	1:23:08	4:18:41	6:10	1:16:51	2:24:05	7:49:23
Tom Marek	M50-54	44/44	33:13	5:00	1:04:44	1:08:52	3:40:52	8:07	1:30:03	3:22:32	7:49:44
Jason O'Planagan	CLYD40	12/12	42:06	5:08	56:45	58:58	3:06:00	5:00	1:50:50	3:51:36	7:49:50
Rachel Rothstein	W45-49	17/21	44:22	3:33	1:04:14	1:10:13	3:40:02	5:32	1:40:11	3:16:41	7:50:10
Jayson Yowell	M25-29	56/59	1:02:04	3:12	1:05:09	1:09:03	3:32:24	3:34	1:33:49	3:09:02	7:50:16
Edward Bonelli	M55-59	17/17	43:17	5:19	1:02:59	1:10:25	3:39:32	8:21	1:31:27	3:14:02	7:50:31
Denise Curtis	W45-49	18/21	42:01	4:25	1:11:24	1:19:39	4:09:11	9:12	1:27:00	2:46:19	7:51:08
Larry Branagin	M65-69	6/7	38:51	3:02	1:05:26	1:08:24	3:39:31	4:26	1:47:19	3:25:54	7:51:44
Amanda Weeks	W25-29	21/21	36:22	2:06	1:07:03	1:13:40	3:55:49	3:36	1:37:30	3:14:14	7:52:07
Randy Gattis	M25-29	57/59	54:43	2:52	1:21:49	1:04:58	3:45:41	3:17	1:32:59	3:06:47	7:53:20
Robert Krantz	M18-24	27/28	40:02	3:51	1:11:52	1:10:30	3:51:41	7:09	1:29:49	3:11:57	7:54:40
Mitchel Johnson	M40-44	74/78	38:56	4:03	1:11:09	1:13:33	3:51:23	4:19	1:36:04	3:16:29	7:55:10
Dawne Schrodtt	W50-54	21/26	44:58	5:10	1:07:23	1:09:22	3:40:33	6:19	1:36:26	3:18:20	7:55:20
Ruth Chow	W60-64	4/4	42:04	5:04	1:05:12	1:14:42	3:42:18	6:46	1:48:37	3:19:44	7:55:56
Bilal Ansari	M40-44	75/78	1:03:10	7:32	1:12:25	1:16:59	4:02:46	4:53	1:21:54	2:40:03	7:58:24
Maria Ogburn	W45-49	19/21	43:19	4:54	1:05:35	1:11:16	3:47:47	5:15	1:37:10	3:17:24	7:58:39
Unknown Runner		0/0	59:51	1:39	1:01:43	1:06:16	3:27:19	1:16	1:38:27	3:29:51	7:59:56
Brian Niehoff	M30-34	69/70	37:29	2:56	1:01:12	1:04:55	3:41:09	4:40	1:43:20	3:33:44	7:59:58
Armine Garcia	W30-34	26/28	46:50	4:21	1:06:55	1:14:48	4:01:25	4:45	1:33:12	3:03:43	8:01:04
Kimberly Pieron	W30-34	27/28	43:07	6:42	1:14:23	1:19:07	4:08:20	5:07	1:24:40	2:58:29	8:01:45
Shannon Michelli	W35-39	25/25	46:59	3:45	1:03:54	1:10:05	3:48:09	4:46	1:37:43	3:18:07	8:01:46
Odis Franklin	M40-44	76/78	53:36	8:26	1:05:17	1:06:08	3:32:52	6:49	1:37:26	3:20:06	8:01:49
Troy Patterson	M40-44	77/78	35:44	1:53	1:11:59	1:13:36	4:02:34	7:26	1:46:47	3:15:06	8:02:43
Lee Mabry	M40-44	78/78	42:32	5:35	1:05:51	1:09:25	3:46:39	5:28	1:37:31	3:23:35	8:03:49
Tess Van Kan	W18-24	6/6	47:41	2:33	1:02:47	1:09:53	3:42:38	5:37	1:47:03	3:26:39	8:05:08
Cindy Cornell-Martinez	W40-44	37/40	49:27	2:43	1:14:17	1:19:42	4:10:29	3:18	1:25:21	3:00:19	8:06:16
Kathy Slowik	W50-54	22/26	50:01	5:30	1:11:23	1:17:13	4:01:40	4:24	1:35:35	3:07:41	8:09:16
Kimberly Williams	W30-34	28/28	50:03	6:23	1:08:05	1:12:01	3:53:08	6:31	1:37:15	3:13:16	8:09:21
Stephen Gore	M35-39	92/92	50:17	3:54	1:06:09	1:10:33	3:32:01	5:29	1:43:57	3:38:05	8:09:46
Carolyn Marek	W50-54	23/26	44:40	3:28	1:08:46	1:13:42	3:49:14	5:43	1:41:02	3:27:36	8:10:41
Jeff Boerner	M45-49	48/49	42:13	3:54	1:04:05	1:10:23	3:44:00	5:06	1:52:17	3:35:41	8:10:54
Marty Crouch	W50-54	24/26	52:01	4:39	1:09:49	1:14:08	3:56:21	4:24	1:39:50	3:13:49	8:11:14
Julie Asmussen	W45-49	20/21									

NAME	DIV	DIV PL	SWIM	T1	BIKE15MI	BIKE35MI	BIKE	T2	RUN6.5MI	RUN	TIME
Don Nelson	M70-74	3/4	36:24	5:11	1:12:29	1:18:29	4:03:06	5:14	1:41:58	3:30:06	8:20:01
Randall Beasley	M30-34	70/70	1:05:00	3:42	1:14:20	1:12:25	4:02:35	3:20	1:31:13	3:06:15	8:20:52
Andrea Milbourne	W50-54	26/26	43:28	5:02	1:07:37	1:14:20	3:56:37	5:09	1:40:15	3:31:39	8:21:55
Rachel Danley	M25-29	59/59	46:41	3:31	1:08:40	1:09:08	3:49:27	6:57	1:41:11	3:36:27	8:23:03
Belisa Waldrop	F-TEAM	3/3	48:57	1:26	1:22:21	1:38:50	4:16:40	8:59	1:28:38	3:12:13	8:28:15
Garry Elmitt	M70-74	4/4	43:40	4:03	1:09:25	1:14:18	3:47:49	5:14	1:45:30	3:49:48	8:30:34
Gayla Chambers	W70-74	1/1	46:46	4:02	1:08:00	1:15:51	3:57:33	6:00	1:44:26	3:36:28	8:30:49
Nohemi Hernandez	W40-44	40/40	1:00:44	3:39	1:12:15	1:21:01	4:12:38	4:15	1:27:55	3:10:46	8:32:02
Jeff Jenkins	M45-49	49/49	59:11	3:35	1:08:48	1:10:31	3:53:53	3:18	1:44:17	3:35:28	8:35:25
Jim Walker	M60-64	19/19	53:20	3:02	1:08:19	1:15:30	3:53:42	5:03	1:55:36	3:40:34	8:35:41
Lyle Roberts	M80	1/1	48:19	3:53	1:11:40	1:17:50	4:04:00	4:09	1:48:20	3:41:30	8:41:51
Josh Rix	MPRO	0/0	25:29	0:53	43:02	45:12	2:24:55	1:11			
Robert Wade	MPRO	0/0	31:37	1:06	45:00	46:32	2:25:21	0:59			
Steve Pyle	M50-54	0/0	29:22	2:02	45:33	48:16	2:31:46	1:59			
Tyler Ford	AQ-M40	0/0	26:29	2:55	46:31	47:34	2:32:00				
Martin Juul	M30-34	0/0	36:53	2:24	48:53	50:42	2:39:10	1:39			
Andrew Torres	M30-34	0/0	33:33	1:49	49:41	50:23	2:39:45	2:02	1:33:05		
Warren Schuckies	AQ-M40	0/0	27:00	1:31	50:02	51:34	2:39:53				
Joey Hinton	M45-49	0/0	25:07	1:20	49:45	51:36	2:41:35	2:31			
Gail Matherly	W45-49	0/0	35:58	1:52	50:13	52:28	2:44:23	1:52			
Sebastien Welterlin	M30-34	0/0	29:58	1:37	48:32	52:40	2:44:52	4:01			
Elizabeth Weemhoff	W30-34	0/0	41:02	2:21	51:46	55:10	2:53:58	2:01			
Teresa Rider	W50-54	0/0	34:40	2:09	52:57	55:12	2:54:09	2:24			
Lauren Smith	W45-49	0/0	25:48	1:39	53:16	55:46	2:54:33	1:29			
Lisa Clines	W50-54	0/0	34:06	1:38	54:42	55:03	2:55:17	1:23			
David Zahn	AQ-M40	0/0	28:04	1:44	53:58	54:39	2:55:48				
Carlos Vicencio	M35-39	0/0	30:35	1:26	53:26	54:44	2:57:19	10:22			
Sergio Borges	M45-49	0/0	25:16	2:17	52:00	53:47	2:59:46				
Don Koontz	M35-39	0/0	34:28	1:46	54:03	55:51	3:00:58	2:34			
Jack Weiss	AQ-M40	0/0	46:41	4:20	56:28	1:00:20	3:03:58				
Aaron Collier	M25-29	0/0	34:40	3:56	54:54	59:25	3:09:02	4:19			
Noel Labat-Comess	M50-54	0/0	32:59	2:37	57:48	59:42	3:11:35	3:29			
Dean Bonds	M60-64	0/0	36:58	2:27	56:56	59:46	3:12:22	3:00			
Jeffrey Usher	AQ-M40	0/0	33:40	2:53	1:01:22	1:00:20	3:13:30	12:58			
Michael Giudicissi	M45-49	0/0	39:23	6:17	55:56	1:02:16	3:16:52	8:40	1:41:40		
Frederick Holden	AQ-M40	0/0	29:51	3:29	59:23	1:01:40	3:18:29	1:20			
Clare Chandler	W25-29	0/0	39:05	3:00	1:00:20	1:03:53	3:24:31	3:51			
Lynette Page	AQ-W40	0/0	42:49	2:12	1:03:22	1:07:04	3:29:27				
Jennifer Leahy	W30-34	0/0	37:09	2:14	59:43	1:04:12	3:35:43	2:49			
Michael Bumbaugh	M18-24	0/0	28:14	3:45	1:08:45	1:03:10	3:37:27	8:55			
David Allison	AQ-M40	0/0	40:23	7:40	1:06:09	1:09:50	3:42:53				
Jake Spivey	M50-54	0/0	41:28	3:10	1:06:12	1:09:14	3:43:09	3:43			
Robert McMillan	AQ-M40	0/0	40:27	6:14	1:07:15	1:11:54	3:45:37				
Jennifer Wolff	W35-39	0/0	37:53	2:55	1:07:46	1:13:09	3:47:06	3:55			
Lane Paschal	M60-64	0/0	56:22	7:03	1:05:41	1:11:24	3:47:14	8:48	1:58:53		
Cory Talbert	M18-24	0/0	42:11	3:34	58:18	1:05:28	3:47:38	4:58			
Linda Page	AQ-W40	0/0	54:09	3:46	1:10:39	1:13:58	3:47:52	11:08			
Aaron Minor	M30-34	0/0	48:21	2:57	1:03:09	1:10:23	3:48:33	10:52	1:54:59		
T McDaniel	M55-59	0/0	1:13:31	4:24	1:04:36	1:12:50	3:52:48				
Cory McNinch	M35-39	0/0	54:10	5:35	1:10:19	1:13:35	3:55:26	4:05	1:43:10		
Erich Schraub	M30-34	0/0	54:06	2:45	1:04:58	1:10:58	4:05:02				
Judy Fleming	W45-49	0/0	1:03:23	4:16	1:13:14	1:17:21	4:05:14	3:00	1:39:38		
Landon Yeager	M30-34	0/0	42:41	5:02	1:10:38	1:15:07	4:06:04	8:09			
Marty Tindol	W55-59	0/0	46:44	3:58	1:12:13	1:18:14	4:08:51				
Kelsey Kilinski	W25-29	0/0	53:11	4:50	1:13:09	1:17:18	4:11:00	6:47	1:53:31		
Karen Lipinsky	W45-49	0/0	51:25	7:03	1:13:54	1:19:02	4:12:34	4:38	1:46:06		
Chris Winn	M45-49	0/0	58:23	10:51	1:19:12	1:26:07	4:13:35				
Bryan Hambric	M40-44	0/0	55:35	7:19	1:09:45	1:18:03	4:13:48	4:18			
Laura Fierro	AQ-W40	0/0	1:00:17	5:22	1:06:32	1:13:08	4:13:59				
Christopher Cotogno	M35-39	0/0	48:15	13:54	1:10:48	1:21:08	4:17:39				
Long Nguyen	M25-29	0/0	1:02:54	3:55	1:19:19	1:15:42	4:19:04				
Madonna Buder	W80	0/0	49:05	5:37	1:17:05	1:23:48	4:22:00	5:09	2:02:03		
Caleb Phillips	M30-34	0/0	40:30	5:42	1:10:22	1:19:47	4:22:43	3:47	1:41:34		
Danny Scott	M45-49	0/0	53:53	2:59	1:18:02	1:25:47	4:23:19	3:25	1:36:05		
James Rassi	M70-74	0/0	57:45	8:27	1:17:27	1:23:24	4:24:48				
Tim Wankowicz	M40-44	0/0	45:51	4:09	1:17:12	1:23:51	4:25:06	2:37	1:47:00		
Julie Parker	AQ-W40	0/0	45:46	4:04	1:15:50	1:23:26	4:27:50				
John Willis III	M45-49	0/0	41:29	5:18	1:12:50	1:20:27	4:42:45				
Scot Hollanbeck	HC	0/0	40:51	7:08	1:05:22	1:23:29	4:47:40				
Matthew Gosselin	M30-34	0/0	36:59	2:29	1:01:33	1:09:14	4:53:49				
Michi Seagrist	W45-49	0/0	46:18	3:17	1:00:40	1:08:21					
Christopher Webb	M35-39	0/0	49:59	2:53	1:05:24	1:13:20					
Robin Murillo	W35-39	0/0	1:16:22	6:35	1:16:44	1:20:08					
Daniel Hall	M35-39	0/0	1:07:38	4:09	1:13:59	1:20:49					
Michael Holcomb	M55-59	0/0	43:53	6:39	1:16:29	1:21:48					
Timothy Martin	M60-64	0/0	47:55	6:36	1:09:54	1:22:18					
William Gilliam	M50-54	0/0	53:32	5:34	1:14:58	1:24:04					
Bo Trainor	M40-44	0/0	47:50	3:44	1:14:22	1:24:49					
Mike Aguilar	CLYD40	0/0	1:04:49	5:28	1:17:40	1:25:04					
Neill Harmer	AQ-M40	0/0	56:56	4:05	1:13:31	1:27:36					
Unknown Runner Ginger	F-TEAM	0/0	1:10:27	1:44	1:15:13	1:29:55					
Syed Yusooif	M45-49	0/0	1:07:26	4:27	1:07:00	1:30:19					
Darcy Clarke	W40-44	0/0	51:12	3:38	1:19:05	1:32:09					
Lora Ramsey	W18-24	0/0	49:08	3:49	1:35:39	1:47:58					
Gabriella McCord	W40-44	0/0	59:08	5:43	1:11:42	1:48:07					
Joseph Wilson	M55-59	0/0	38:20	4:25	1:04:43						
Megan Behr	W25-29	0/0	54:12	3:36	1:23:20						
Herbert Abrams	M30-34	0/0	1:11:53	4:49	1:23:35						
Dan Hugo	MPRO	0/0	25:35	1:09							
Angela Naeth	WPRO	0/0	26:11	1:12							
Zane Harvey	M45-49	0/0	37:27	4:40							
Van Billops	M45-49	0/0	28:49								
Zaki Annar	M45-49	0/0	1:29:54								