

| PLACE | NAME | DIV | SWIM | T1 | BIKE | T2 | RUN | TIME |
|-------|-----------|-------|-------|------|---------|------|---------|---------|
| 1 | Matt Ryan | M3034 | 32:03 | 2:07 | 2:40:34 | 1:12 | 1:58:00 | 5:13:58 |