

| PLACE | NAME | DIV | SWIM | T1 | BIKE | T2 | RUN | TIME |
|-------|------------------------|-----|-------|------|---------|------|-------|---------|
| 1 | Emma Snowsill | | 21:12 | 1:00 | 1:02:59 | 0:21 | 34:05 | 1:59:35 |
| 2 | Emma Moffatt | | 20:32 | 0:59 | 1:02:59 | 0:19 | 35:05 | 1:59:51 |
| 3 | Helen Jenkins | | 20:23 | 1:01 | 1:03:10 | 0:19 | 35:00 | 1:59:51 |
| 4 | Paula Findlay | | 20:30 | 0:58 | 1:03:06 | 0:22 | 34:59 | 1:59:54 |
| 5 | Andrea Hewitt | | 20:26 | 1:00 | 1:03:06 | 0:20 | 35:11 | 2:00:01 |
| 6 | Laura Bennett | | 20:23 | 1:00 | 1:03:09 | 0:19 | 35:29 | 2:00:18 |
| 7 | Jodie Stimpson | | 20:25 | 1:00 | 1:03:10 | 0:22 | 35:30 | 2:00:25 |
| 8 | Nicky Samuels | | 20:28 | 1:00 | 1:03:05 | 0:22 | 36:22 | 2:01:14 |
| 9 | Liz Blatchford | | 20:24 | 1:00 | 1:03:07 | 0:21 | 36:40 | 2:01:30 |
| 10 | Daniela Ryf | | 20:29 | 0:57 | 1:03:04 | 0:20 | 36:50 | 2:01:38 |
| 11 | Debbie Tanner | | 20:30 | 1:02 | 1:03:03 | 0:20 | 37:05 | 2:01:57 |
| 12 | Kate McIlroy | | 20:33 | 0:58 | 1:03:03 | 0:21 | 37:08 | 2:02:02 |
| 13 | Barbara Riveros Diaz | | 21:24 | 0:59 | 1:02:47 | 0:21 | 36:50 | 2:02:19 |
| 14 | Lisa Mensink | | 20:29 | 1:00 | 1:03:06 | 0:21 | 37:29 | 2:02:23 |
| 15 | Line Jensen | | 20:27 | 1:03 | 1:03:01 | 0:22 | 37:57 | 2:02:49 |
| 16 | Sarah Haskins | | 20:23 | 1:00 | 1:03:09 | 0:22 | 38:15 | 2:03:08 |
| 17 | Sarah Groff | | 20:27 | 1:00 | 1:03:09 | 0:25 | 38:11 | 2:03:11 |
| 18 | Jenna Shoemaker | | 20:38 | 0:58 | 1:03:01 | 0:23 | 38:13 | 2:03:12 |
| 19 | Teresa Adam | | 20:28 | 1:03 | 1:03:01 | 0:22 | 38:47 | 2:03:40 |
| 20 | Flora Duffy | | 20:25 | 0:59 | 1:03:07 | 0:24 | 39:02 | 2:03:54 |
| 21 | Alicia Kaye | | 20:40 | 1:04 | 1:02:52 | 0:23 | 39:30 | 2:04:27 |
| 22 | Kathy Tremblay | | 21:06 | 1:03 | 1:03:02 | 0:20 | 39:09 | 2:04:38 |
| 23 | Claudia Rivas | | 20:32 | 1:02 | 1:03:04 | 0:20 | 39:51 | 2:04:46 |
| 24 | Rebecca Kingsford | | 21:20 | 0:59 | 1:02:52 | 0:23 | 39:39 | 2:05:11 |
| 25 | Keiko Tanaka | | 20:31 | 1:02 | 1:03:04 | 0:20 | 40:27 | 2:05:22 |
| 26 | Kyla Coates | | 21:07 | 1:03 | 1:03:02 | 0:22 | 40:00 | 2:05:32 |
| 27 | Aileen Morrison | | 21:26 | 1:07 | 1:05:36 | 0:23 | 37:06 | 2:05:35 |
| 28 | Yuliya Sapunova | | 21:25 | 1:01 | 1:05:46 | 0:25 | 37:02 | 2:05:36 |
| 29 | Chie Nakashima | | 20:31 | 1:01 | 1:03:04 | 0:21 | 40:40 | 2:05:36 |
| 30 | Jillian Petersen | | 21:24 | 1:00 | 1:02:46 | 0:23 | 40:08 | 2:05:39 |
| 31 | Hayley Peirsol | | 19:19 | 1:06 | 1:03:55 | 0:27 | 41:01 | 2:05:46 |
| 32 | Marina Damlaimcourt | | 21:26 | 1:00 | 1:05:45 | 0:25 | 38:11 | 2:06:46 |
| 33 | Pamela Nascimen Olivei | | 20:39 | 1:02 | 1:03:35 | 0:22 | 41:17 | 2:06:52 |
| 34 | Mary Beth Ellis | | 20:41 | 1:04 | 1:02:46 | 0:24 | 42:12 | 2:07:06 |
| 35 | Kirsty McWilliam | | 20:26 | 1:04 | 1:03:06 | 0:21 | 42:23 | 2:07:18 |
| 36 | Rebecca Witinok- Huber | | 21:08 | 1:04 | 1:03:03 | 0:20 | 42:09 | 2:07:43 |
| 37 | Margaret Shapiro | | 21:30 | 1:01 | 1:05:40 | 0:27 | 39:29 | 2:08:04 |
| 38 | Evgenia Sukhoruchenkov | | 21:39 | 0:59 | 1:08:41 | 0:21 | 38:28 | 2:10:07 |
| 39 | Sara McLarty | | 19:16 | 1:06 | 1:03:44 | 0:26 | 46:15 | 2:10:45 |
| 40 | Dan Fan | | 21:05 | 1:04 | 1:06:03 | 0:19 | 42:27 | 2:10:57 |
| 41 | Melissa Rios | | 20:45 | 1:05 | 1:03:25 | 0:23 | 45:51 | 2:11:27 |
| 42 | Jennifer Spieldenner | | 20:47 | 1:07 | 1:03:20 | 0:22 | 45:59 | 2:11:34 |
| 43 | Yi Zhang | | 21:21 | 1:08 | 1:08:55 | 0:21 | 40:32 | 2:12:16 |
| 44 | Elizabeth Bravo | | 21:25 | 1:04 | 1:08:52 | 0:22 | 40:44 | 2:12:24 |
| 45 | Ting Liu | | 22:05 | 1:08 | 1:08:07 | 0:25 | 41:11 | 2:12:55 |
| 46 | Zsofia Kovacs | | 21:29 | 1:00 | 1:08:50 | 0:20 | 41:29 | 2:13:06 |
| 47 | Melody Ramirez | | 22:09 | 1:06 | 1:08:09 | 0:28 | 41:34 | 2:13:23 |
| 48 | Ayami Kawaguchi | | 22:05 | 1:04 | 1:08:09 | 0:18 | 44:34 | 2:16:08 |
| 49 | Yi Wang | | 21:37 | 1:05 | 1:08:40 | 0:21 | 45:22 | 2:17:04 |
| 50 | Michelle Flipo | | 21:27 | 1:03 | 1:08:51 | 0:30 | 46:25 | 2:18:15 |
| 51 | Amanda Hahn | | 21:36 | 1:04 | 1:08:42 | 0:29 | 48:18 | 2:20:07 |