

  
**GOGIRLRUN**  
**SPRINGFIELD**  
2019 WOMENS HALF MARATHON | 5K



# Trina Cowan

Race:  
**Half**

Time:  
**2:38:30**

Pace:  
**12:07**

Age  
Division:  
**F4549**

Division  
Place:  
**31/43**

Gender  
Place:  
**221/329**

Overall  
Place:  
**228**

