

# FINISHER CERTIFICATE

RENTON, WA

APRIL 15, 2018



# SEAHAWKS

## 12K RUN

AT **THE** LANDING

**NAME:** Lis Heffron  
**FINISHING TIME:** 44:17

**OVERALL PLACE:** 772nd  
**DIVISION:** F 60-69  
**DIVISION PLACE:** 20/103  
**GENDER PLACE:** 439/1173  
**AVERAGE PACE:** 14:16

*The Landing in Renton*  
The Landing in Renton

**THE LANDING**